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# Mastering the Art of DIY Vapor

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A How-To Book About Mixing eJuice  
Using Flavorah – *The Flavoring for Vape*



Master the Art of DIY Vapor: A How-To Book About Mixing eJuice  
Using Flavorah – The Flavoring for Vape Juice by Flavorah®  
Woodinville, WA

[www.Flavorah.com](http://www.Flavorah.com)

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# Advocacy

If you are a USA-based mixer, then please support our local vape advocacy programs/groups:

**Pacific Legal Foundation** is pursuing a vape lawsuit challenging the FDA's unconstitutional deeming of certain vapor products as tobacco. This lawsuit is unique because it challenges the legality of unelected bureaucrats writing regulations with the force of law. These regulations take away basic freedom of speech rights guaranteed by the first amendment, and deny "We the People" the prerogative to elect and hold accountable the representatives who pass laws on our behalf.

**Consumer Advocates for Smoke-free Alternatives Association (CASAA)** is leading the charge to mobilize our grass roots, defending their rights to choose vapor instead of cigarette smoke. As a consumer advocacy organization, they defend our vape community in public forums by advancing the truth of empowerment and harm reduction that electronic vapor devices facilitate. Right now, they are defending your right to use flavoring when you chose not to smoke cigarettes.



# Introduction

## Do It Yourself (DIY eJuice)

DIY ejuice is an art form. Like painting, sculpting, and music, it is a form of expression and identity. DIY vape is a dynamic form requiring both training and talent to achieve the highest levels – and it does not happen in a vacuum – excellence happens in a community of free speech. Premium ejuice is the result of critique, improvement, adaptation, and growth.

The DIY vape juice movement is a global community of individual artists and aficionados who empower themselves with the skill to vape the way that they prefer. It is a hobby, a business, and a lifeline for many who have joined the exodus from tobacco products. This recipe book is meant to be a simple resource for that community.

Regardless of experience and skill level, the recipes in this book provide a starting point for new, personal development projects with vapor.

The artists featured in this book have been generous to share their skills with the community so that everyone can benefit. Their example should be followed not just in mixing excellent vape juices, but by sharing those recipes with others. This book is just one place to share. There are also indispensable resources available online. All should be explored, and supported.

# Flavorah

## The Flavoring for Vape Juice

Our mission at Flavorah is to eliminate tobacco from common use. In order to accomplish our mission, we create concentrated vapor flavorings from the ground up that are so good, smokers never need to strike a match again. We focus all of our energy and attention to the flavoring that makes DIY and craft ejuice an art form.

We believe that anyone can overcome smoking by using the power of flavored vape. This book is meant to empower people to take control of what they smoke by using the first flavoring built from the ground up to mix well, steep quickly, and vape with brilliant flavor notes.

Flavorah is food grade Flavoring, but it is different from multipurpose flavors that were used by the early DIY vape juice makers. Multipurpose flavorings designed for beverage, baking, and candy may contain preservatives, coil gunking additives, colors, and sweeteners that often result in an inferior product.

These multipurpose flavors are often heavily diluted and must be used at higher rates, so even though they may seem cheaper, they become more expensive and less useful in the long run.

Flavorah created a new category of flavoring: flavorings made for vapor. Today, the Flavorah vape flavor line is over 180 unique flavors that serve both commercial and DIY ejuice manufacturers around the world, including some of the world's most recognizable and premium vape juice brands.

Each Flavorah flavoring has been crafted to create a vape experience for DIY vape juice so good that nicotine is not intended – or advised. Empowerment through flavoring is a tool that many smokers have used to break free of analog combustion and also the way that we complete our mission as a company. This recipe book will help vapers discover the empowering and limitless opportunities that this new category of real vape flavorings provides.

## About the Editor

Ian Schmitt “**Returnity**” is the host and chief editor in this mixing adventure. As a scientist with over 4 years of mixing experience, his fascination with the chemistry of flavor drove him down the rabbit hole of ‘Deeper DIY’. Over the years helping moderate Reddit’s /r/DIY\_ejuice community, Ian found himself constantly amazed by the incredible community of talented vapesmiths, all collaborating to perfect and share their creations.

The flavor profiles Ian contributed to the DIY community over the years speak for themselves, and even recipes he first shared years ago are still evolving as new flavors become available and new ideas are shared. After a year-long sabbatical from Reddit, spent riding his motorcycle across the country, Ian is thrilled to be back on the scene putting together such a worthy project! Compiling, writing, and editing this recipe book represents many hours of effort and experience, but more than that, Ian hopes it’ll serve as a resource to inspire and educate the next generation of mixologists and flavorists joining the beloved DIY community.

## About Contributors

The recipes in this book have been created by trusted and varied mixers within the vape community. Following are brief descriptions about the authors:

- ◆ Christopher “**Kopel**” is part of the crew at [ejucemakers.com](http://ejucemakers.com). As a professional mixologist, he releases flavor One Shots that are available for purchase around the world.
- ◆ **DarthVapor** is a professional chef and brings his knowledge of culinary flavor profiles and the layering experience to DIY ejuice. He is a moderator at [e-liquid-recipes.com](http://e-liquid-recipes.com).
- ◆ Dave Bellows “**ID10-T**” is part of the crew at [ejucemakers.com](http://ejucemakers.com). As a professional mixologist, he releases flavor One Shots that are available for purchase around the world.
- ◆ Elisa Dusenbury “**Smoky Blue**” keeps flavors low and layered. A prolific mixer, Smoky shares her skill and knowledge of the FLV line of vape flavors on Facebook, Vaping Underground, and other forums she authors online, including her website [flvfan.com](http://flvfan.com). Smoky Blue also consults with commercial manufacturers.

- ◆ **Fear** is part of the crew at [ejucemakers.com](http://ejucemakers.com). As a professional mixologist, he releases flavor One Shots that are available for purchase around the world.
- ◆ **Jenn Jarvis** “The Flavor Pro” has taught thousands of beginners how to do-it-themselves on her website [flavor-pro.com](http://flavor-pro.com). As a professional mixologist, she authors commercial recipes and has the heart to share the skills required. Jenn is also part of the [ejucemakers.com](http://ejucemakers.com) crew.
- ◆ Josh Luttrall “**SlashaLo**” is a tobacco flavor specialist. He understands the complex and earthy notes that make DIY a powerful tool for vapers quitting combustion.
- ◆ Laura Miller “**Laura5**” vapes in the cold north of Minnesota. You can find her recipes and input on [e-liquid-recipes.com](http://e-liquid-recipes.com).
- ◆ Rick Hegge “**ConcreteRiver**” is a prolific flavor reviewer on Reddit’s [/r/DIY\\_ejuice](https://www.reddit.com/r/DIY_ejuice/). He has a nose and format for reviews that have helped thousands of DIY beginners and experts alike find the flavoring they need to make ejuice an art form. Concrete River is part of the crew at [ejucemakers.com](http://ejucemakers.com). As a professional mixologist, he releases flavor One Shots that are available for purchase around the world.
- ◆ Rory Thompson “**Tootall**” is part of the crew at [ejucemakers.com](http://ejucemakers.com). As a professional mixologist, he releases flavor One Shots that are available for purchase around the world.

Other mixers who have contributed to this collection of recipes are **Alisa**, **Amy\*\*\***, **Paine\_Vapes**, **JJ1977**, **Jbird**, **Silhouette**, and **ShakenVape007**. You can find more of their work on popular recipe forums online.

## Connect With Us

Stay up-to-date on all things Flavorah by going to our website, signing up for our newsletter, and following us on social media (Facebook, Instagram, LinkedIn, Twitter, and Pinterest).



# Disclaimer

General disclaimers regarding Flavorah flavorings:

- ◆ Flavorah contains “Generally Recognized as Safe” (GRAS) for food ingredients and can be used for any purpose requiring food grade flavorings. There is no FDA approved flavoring for inhalation.
- ◆ Flavorah is a raw material intended for further processing. It cannot be used directly in an a vapor device.
- ◆ Flavorah does not contain nicotine, and is not intended for use with nicotine.
- ◆ Flavorah is not made or derived from tobacco, this includes flavors with “tobacco” and “cigarette” in the name.

The publisher specifically **disclaims liability for incidental or consequential damages** and assumes no responsibility or liability for any loss or damage suffered by any person as a result of the use or misuse of any of the information or content in this book.

The information provided in this recipe book is designed to provide helpful information on the subjects discussed. This book is not meant to be used, nor should it be used, to diagnose or treat

any medical condition. For diagnosis or treatment of any medical problem, consult your physician. The publisher and author are not responsible for any specific health or allergy needs that may require medical supervision and are not liable for any damages or negative consequences from any recipe, action, application, or preparation, to any person reading or following the information in this book. References are provided for informational purposes only and do not constitute endorsement of any websites or other sources. Products, services, information, and other content provided in this book, including information that may be provided directly or by linking to third-party websites are provided for informational purposes only.

The products and claims made about specific products on or through the book and the publisher’s website have not been evaluated by the United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease.

# Warnings

**WARNING:** DO NOT attempt to vape concentrated flavor without further processing. DO NOT use any Flavorah flavor except for its intended use as a food flavoring.

**WARNING:** Exposure may result in irritation of the eyes, skin, nose, throat, and respiratory tract. Avoid contact with undiluted flavor concentrate. If contact is made, seek medical attention as follows:

- ◆ **Eyes:** Immediately flush with plenty of water for at least 15 minutes, occasionally opening the upper and lower eyelids.
- ◆ **Skin:** Immediately flush skin with plenty of water for at least 15 minutes. Remove contaminated clothing.
- ◆ **Ingestion:** Harmful if swallowed. Nausea and vomiting may occur. Call poison control.

**WARNING:** This product may contain compounds that may be hazardous to your health. There is no FDA approved flavoring for inhalation.

We do not add Diacetyl or Acetyl Propionyl (2,3-pentanedione) to any of our products, but diacetyl and/or acetyl propionyl may naturally occur in the flavor extraction process in some of our products. Acetoin is used in the compounding of some of our products.

The inhalation of flavoring may expose you to hazardous chemicals, toxins, and nanoparticles, including diacetyl, acetyl propionyl, and acetoin, which have been associated with permanent lung injury and disease, including bronchiolitis obliterans, a disease characterized by inflammation and scarring of the small airways of the lungs, which leads to severe and disabling shortness of breath. Exposure to the aerosol can trigger, aggravate, and exacerbate various adverse health effects including but not limited to cancer, carcinoma, addiction, birth defects, heart disease, arteriosclerosis, liver and kidney disease, abnormal conditions, disorders, symptoms, and illness of the human body.

# DIY Vape Recipes

# Basic DIY eJuice Mixing Guide

## Supplies

To get you started mixing as quickly and easily as possible, the recipes in this book can all be mixed without any complex measurements or specialized lab equipment. All that is needed, besides Flavorah flavors and VG/PG base, are bottles to mix and store the creations.

Some basic tools are highly recommended to help empower the mixing process. These tools can be found from DIY ejuice suppliers online, and include:

- ◆ Splash-proof eye protection and gloves for safety.
- ◆ 120mL glass dropper bottles for easy “shake and vape” mixing.
- ◆ Disposable plastic pipettes, a small graduated cylinder, and blunt or oral syringes for measuring.
- ◆ A small digital gram scale with 0.01g precision.

## Mixing and Measuring

There are several ways to mix e-liquid, ranging from the simple by-the-drop method, which requires no extra tools, to the more complex methods that measure by volume or by weight for greater scalability, precision, and accuracy.

- ◆ To mix any recipe using this guide, first print out your desired recipe.
- ◆ Gather all required flavors, VG and PG bases, and any tools needed.
- ◆ Find a clean area away from distractions (electronics, food, drinks, etc.).
- ◆ Once ready to mix, add the flavors to an empty mixing bottle. Be sure to recap the flavors after use and set aside before picking up the next flavor – this helps avoid accidental mix-ups of flavors or bottle caps.
- ◆ Next, add the PG/VG or a premixed base. The recipes in this book all include recommended amounts of VG and PG suggested by the creators, but feel free to adjust the ratios to preference.

Disposable pipettes are marked on the side to help easily dispense the correct mL amount, making them perfect for this method.

In order to provide mixing measurements in grams and drops, a standard batch size of 100mL was used to keep things simple. If a different amount is needed, multiply the given measurement in grams or drops by the desired volume. For example, for a batch size of 60mL, multiply each amount by 60/100 (or 0.60) to get the measurements needed.

VG is extremely thick when cool. It helps to warm the VG in hot water to make it easier to work with when dispensing or measuring.

In regards to PG/VG amounts, simple rules of thumb: 70-85% VG performs best in high-airflow, high-wattage, sub-ohm vape tanks and RTAs which depend on the liquid to flow through some type of wick; while max VG (usually 90% or more) often has no added PG and works best in re-buildable RDA atomizers.

## Notes on Mixing by Drops

Mixing with drops is a fast and easy way to mix up small batches and for creating and testing out prototype recipes.

When mixing by drops, it's very important to hold the bottle or dropper vertically when dispensing flavoring – holding the bottle at an angle can produce inconsistent drop sizes.



Some Flavorah flavorings are highly-concentrated, which means batches less than 100mL would not yield very accurate drop measurements. If planning to mix batches less than 100mL, it is recommended that you make a dilution of these flavors.

## Notes on Mixing by Weight

Mixing by weight is the preferred way to mix eliquid for many DIY enthusiasts and professional mixologists. This is due to the precision and simplicity the method allows to scale up and down.

It's a general assumption in DIY when mixing small batches of 1L or less, that all flavors weigh 1g/mL. The precise weights of each Flavorah flavoring are available on our website and will help yield the most precise measurements for larger batches:

[www.flavorah.com/resources-information/safety](http://www.flavorah.com/resources-information/safety)

Once ready to mix by weight, zero out the scale with an empty mixing bottle on it. Add the first flavor, slowly. Some scales take a moment to read the weight accurately – allow the scale to catch up prior to adding more to avoid over-dispensing.

Zero out the scale after each flavor, cap the flavoring bottle, and set it aside to avoid mix-ups. It's that simple – no counting drops or measuring beforehand. Once flavors are added, it is ready for base.

Due to its density, 1mL of VG weighs about 1.26g – the recipes in this book take this into account when giving measurements by weight for VG. When customizing batch size calculations, account for this by multiplying the volume of VG desired by 1.26 to get the correct weight to add to the mix via scale.

## Aging / Steeping

As ejuice ages, flavors meld with the flavorless base in a process that is commonly referred to as “steeping.” The flavors and base are becoming a more homogeneous mixture. New flavor notes will emerge and the profile will develop during this time.

Flavorah flavorings are the first food grade flavors that are designed to stand out in a vape juice recipe. In practice this results in much less need for extended aging periods to achieve distinct notes compared to what other multipurpose flavorings need.

Additionally, much of what has become known as the “steeping” process by ejuice makers is actually accelerated oxidation of the flavorings caused by the addition of freebase nicotine. We do not advise or intend that nicotine is used with the recipes in this book. If nicotine is not added, this undesirable oxidation does not occur and the initial flavoring profile of the recipe will be maintained more consistently over time.

The recipes in this book all include a recommended aging time from the creator. This is not a hard rule, and there is no wrong answer when it comes to aging eliquids. However, it's highly recommended that stirring, shaking, and/or homogenizing immediately takes place after mixing.

Almost any recipe will be noticeably better-tasting 12-24 hours after mixing, even if it's thoroughly shaken at the time. While it's perfectly fine to "shake and vape" any mix, don't be discouraged if flavor is not as-desired immediately – just give it another try the next day.

It can be helpful to keep notes on how different mixes evolve as they age. Over time, discernible patterns will appear in how specific flavoring pairings interact, and this knowledge can be used to further fine-tune mixes. For example, mixers may notice that top notes (i.e. citrus fruits or florals) will appear very quickly, while base notes (i.e. custards or creams) will develop strength after aging.

# FLV Assortment Packs

Assortment pack descriptions can be found here. A list of which packs are needed for each recipe is at the end of the book with links on each individual recipe page that links to the list at the back.

- **Alchemist Pack** – Beer Nuts, Carrot, Clove, Creme de Menthe, Fire Cinnamon, Ginger, Hazelnut, Heat, Oak Barrel, Peanut Butter, Persimmon Spice, Pistachio, Pralines, Red Cinnamon, Wood Spice, Yam
- **Apple Melon Pack** – Green Apple, Sour Apple, Apple Pop, Apple Filling, Apple, Apple Cider, Granny Smith, Red Apple, Apple Cranberry, Pear, Wild Melon, Watermelon, Cantaloupe
- **Bakery #1 Pack** – Caramel, Cookie, Macaroon, Blueberry Muffin, Frosting, Cinnamon Crunch, Crunch Cereal, Milk Chocolate, Rich Cinnamon, Ginger Snap, Sweet Dough, Smoked Butterscotch, Biscotti, Pumpkin Spice
- **Bakery #2 Pack** – Oatmeal Raisin, Tricks Cereal, Berry Cheesecake, Chocolate Deutsch, Lembas Bread, Maple Bar, Cinnamon Roll, Pumpkin Bread, Fried Dough, Brulee, Sun Cookie, Waffle, Wheat, Pastry Zest
- **Base Pack** – Marshmallow, Milk and Honey, Vanilla Pudding, Butterscotch, Vanilla Custard, Cotton Candy, Candy Roll, Cupcake Batter, Sweet Cream, Pound Cake, Bubble Gum, Custard, Cookie Dough, Cream, Avocado, Granola
- **Berry Pack** – Berry Blend, Raspberry, Red Raspberry, Cranberry, Alpine Strawberry, Strawberry, Strawberry Cream, Strawberry Filling, Strawberry Smash, Blackberry Blossom, Blueberry, Boysenberry, Sweetness, Ice
- **Beverage Pack** – Elderflower, Basil, Lemon Grass, Honey Bee, Morning Mimosa, Horchata, Raisin Rum, Coffee, Mocha, Eggnog, Irish Cream, Kinako Soy, Bourbon, Root Beer
- **Cherry Citrus Pack** – Sugar Orchid, Black Cherry, Rainier Cherry, Cherry Blossom, Cherry Filling, Lime Wedge, Lime, Blood Orange, Lemon, Orange Citrus, Tropical Citrus, Lemonade, Yakima Hops, Peppermint
- **Dessert Pack** – Greek Yogurt, Cheesecake, White Chocolate, Vanilla Bean, Smooth Vanilla, Graham Cracker, Whipped Cream, Milk, Toffee, Smore, Brie Cheese, Popcorn, Marshmallow Treat, Cream and Cookies, Donuts, Red Velvet
- **Fruit Pack** – Banana, Peach, Tangerine, Kiwi, Peach Gummy, Persimmon, Grape, Cool Menthol, Fig, Sweet Fig, Apricot, Acai, Rhubarb, Spearmint, Nectarine

- **Teas Plus Pack** – Lemonade, Lemon Tea, Amaretto Sour, Sangria, Cherry Blossom, Black Tea, Moscato, Eisai Tea, Red Tea, Thai Chai, Green Tea, Ginger Peach, Cucumber, Hibiscus
- **Tobacconist Pack** – Red Burley, Cured Tobacco, Connecticut Shade, Kentucky Blend, Native Tobacco, Tatanka Tobacco, Oriental Tobacco, Turkish Tobacco, Virginia Tobacco, Sweet Cigarette, Classic Cigarette, Cavendish, Arabian Tobacco, Lovage Root, Commercial Cigarette, Pucker Tobacco
- **Tropical Pack** – Sweet Coconut, Coconut, Pineapple, Pink Guava, Mango, Dragon Fruit, Tropical Punch, Cherimoya, Soursop, Passion Fruit, Papaya Punch, Lychee, Guanabana, Jackfruit

# Recipe Page Guide

Contributor of the recipe. Links to contributor bio.

Short description of the recipe.

Name of recipe.

Link back to the "Table of Contents" for easier navigation through book.

Table including ingredient names and mixing amounts.

Aging (or "steeping") guidance and instructions.

More specific flavor notes and mixing suggestions based on notes.

Total flavoring percentage.

Section name and page number.

Back to "Table of Contents"

**Berry Berry Good**

Delicious berry blend.

FLV Flavor	Percent	Grams	Drops
Acai	1.00%	1.00	50
Alpine Strawberry	0.50%	0.50	25
Berry Blend	0.50%	0.50	25
Boysenberry	2.00%	2.00	100
Sweetness	0.25%	0.25	13
VG	75.00%	94.58	75.00mL
PG	20.80%	21.50	20.80mL
<b>Total Flavoring</b>	<b>4.25%</b>		

**Age Notes**

1 day

**Flavor Notes**

"Just playing with some less commonly used berries. It's a little bit strange and a lot berry, but that's what I wanted something different for my palate. It is berrylicious!"

Fruit & Sweet Recipes 22

# Fruit and Sweet Recipes

# Awesome Apple

Explosion of apple flavor.



FLV Flavor	Percent	Grams	Drops
Green Apple	3.00%	3.00	150
Pear	1.00%	1.00	50
Sour Apple	2.00%	2.00	100
VG	94.00%	118.53	94.00mL
Total Flavoring		6.00%	

## Age Notes

1 day – After minimal shelf time, this mix is ready to go. Shake and vape, if you want.

## Flavor Notes

“The combination of apples creates a strong, sweet profile. Pear works well with apple, giving it a nice undertone and fuller juicier body.”



# Berries N Cream

A flavorful medley of fresh berries and cream.



FLV Flavor	Percent	Grams	Drops
Alpine Strawberry	0.50%	0.50	25
Berry Blend	1.00%	1.00	50
Blueberry	1.50%	1.50	75
Raspberry	1.50%	1.50	75
Strawberry Cream	1.00%	1.00	50
Whipped Cream	1.50%	1.50	75
VG	93.00%	117.27	93.00mL
<b>Total Flavoring</b>	<b>7.00%</b>		

## Age Notes

3 weeks – Needs quite a bit of time to completely come together.

## Flavor Notes

“The cream is intended to be an undertone in a predominately berry mix.”



# Berry Berry Good

Delicious berry blend.



FLV Flavor	Percent	Grams	Drops
Acai	1.00%	1.00	50
Alpine Strawberry	0.50%	0.50	25
Berry Blend	0.50%	0.50	25
Boysenberry	2.00%	2.00	100
Sweetness	0.25%	0.25	13
VG	75.00%	94.58	75.00mL
PG	20.80%	21.50	20.80mL
<b>Total Flavoring</b>	<b>4.25%</b>		

## Age Notes

1 day

## Flavor Notes

“Just playing with some less commonly used berries. It’s a little bit strange and a lot berry, but that’s what I wanted something different for my palate. It is berrylicious!”

# Big Redd

The classic hot-cinnamon gum, now in vape form!



FLV Flavor	%	Grams	Drops
Rich Cinnamon	0.07%	0.07	4
Bubble Gum	0.30%	0.30	15
Spearmint	0.07%	0.07	4
Marshmallow	0.30%	0.30	15
VG	65.00%	81.97	65.00mL
PG	34.30%	35.48	34.30mL
Total Flavoring		0.75%	

## Age Notes

3-4 days – Let this sit a few days.

## Flavor Notes

True-to-taste, just like the gum you grew up with. The spearmint helps boost the bubble gum. Sub the cinnamon out for Clove and enjoy some clove gum too. It's pretty good either way! This is one of Smoky's flavor blends that is used between changing out flavors to refresh the taste buds.



# Circus Peanuts

These taste better vaped than eaten.



## FLV Flavor

%

Grams

Drops

Orange Citrus

0.13%

0.13

7

Macaroon

0.30%

0.30

15

Caramel

0.13%

0.13

7

Milk and Honey

0.13%

0.13

7

Marshmallow

0.30%

0.3

15

Caramel

0.13%

0.13

7

VG

98.90%

124.68

98.90mL

Total Flavoring

1.13%

## Age Notes

3-4 days – Good after a few days.

## Flavor Notes

“If you like the circus peanuts, then here is your ticket! Fresh marshmallow orange peanuts that sit up but yet are just like the real deal, light and fluffy! Try it out, spin it around and see how you like my circus peanuts!”





# Dragon's Peach

Peachy calm with a dragon fruit splash.



FLV Flavor	Percent	Grams	Drops
Peach	0.80%	0.80	40
Dragon Fruit	0.30%	0.30	15
Bubble Gum	0.30%	0.30	15
Sweet Cream	0.30%	0.30	15
VG	97.30%	122.70	97.30mL
<b>Total Flavoring</b>	<b>1.70%</b>		

## Age Notes

3-7 days

## Flavor Notes

“The Dragon fruit mixed with Bubble Gum and Sweet Cream gives a good play for a sweet creamy berry, light and fresh to keep your inner dragon happy.”



# Fabulous Fruit

Candy sweet mix of berries and apples.



FLV Flavor	Percent	Grams	Drops
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Alpine Strawberry	0.50%	0.50	25
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Banana	1.00%	1.00	50
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Candy Roll	0.50%	0.50	25
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Green Apple	1.00%	1.00	50
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Pear	1.00%	1.00	50
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Raspberry	1.00%	1.00	50
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VG	95.00%	119.80	95.00mL
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Total Flavoring	5.00%		
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## Age Notes

1 day

## Flavor Notes

“The Candy Roll adds the candied edge to make this recipe pop.”



# Fiorina Fruit

Melons and exotic fruits.



FLV Flavor	%	Grams	Drops
Cantaloupe	1.00%	1.00	50
Cream	2.00%	2.00	100
Lychee	0.50%	0.50	25
Pink Guava	0.50%	0.50	25
Sweet Coconut	0.50%	0.50	25
Watermelon	1.00%	1.00	50
Wild Melon	2.00%	2.00	100
VG	92.50%	116.64	92.50mL
<b>Total Flavoring</b>	<b>7.50%</b>		

## Age Notes

7 days – Pink Guava and Lychee fade into the mix instead of dominating after a week.

## Flavor Notes

“Melons up front, supported by tart Lychee and Pink Guava. Sweet Coconut provides sweetness and body.”

# Grape Bubble Gum

Classic grape bubblegum flavor.



FLV Flavor	%	Grams	Drops
Grape	0.30%	0.30	15
Dragon Fruit	0.20%	0.20	10
Cream	0.13%	0.13	7
Bubble Gum	0.20%	0.20	10
VG	99.20%	125.05	99.20mL
Total Flavoring		0.83%	

## Age Notes

1-3 days – Let sit overnight before vaping.  
Vapes best at 3 days.

## Flavor Notes

“Reminds me of the best bubble gum ever...!”



# Grape Melon

Grape and melon go so well together!



FLV Flavor	%	Grams	Drops
Cantaloupe	1.00%	1.00	50
Grape	2.50%	2.50	125
Raspberry	1.50%	1.50	75
Watermelon	1.00%	1.00	50
Wild Melon	1.00%	1.00	50
VG	93.00%	117.27	93.00mL
Total Flavoring		7.00%	

## Age Notes

1 day – After 3+ weeks of aging there is little color change and the melons are more dominant. There is still a mild grape taste. Shake and vape is the way to go for this one.

## Flavor Notes

“Out of the gate the grape is strong. The wild melon brings a diverse melon taste.”

# Ghost Berrial

Best blue-raspberry slushie flavor!



FLV Flavor	%	Grams	Drops
Raspberry	0.60%	0.60	30
Marshmallow	0.27%	0.27	13.5
Sweetness	0.30%	0.30	15
Bubble Gum	0.30%	0.30	15
VG	98.50%	124.25	98.50mL
Total Flavoring	1.47%		

## Age Notes

2-3 days

## Flavor Notes

“If you like it chilly, you can add 5-10 drops of Cool Menthol, and some Cream wouldn’t hurt too. Have fun experimenting to find your perfect mix.”



# Hard Candy

Simplest recipe for delicious raspberry candy.



FLV Flavor	%	Grams	Drops
Red Raspberry	0.60%	0.60	30
Blueberry	0.20%	0.20	10
Cotton Candy	0.60%	0.60	30
Marshmallow	0.60%	0.60	30
Candy Roll	0.07%	0.07	4
VG	97.90%	123.49	97.90mL
<b>Total Flavoring</b>	<b>2.07%</b>		

## Age Notes

2 days

## Flavor Notes

“Red Raspberry plays a starring role here, with Blueberry anchoring the mix as a base. Cotton Candy helps sweeten the mix, and Marshmallow is added for improved mouth-feel. Be careful increasing Candy Roll or its floral notes will dominate the mix. You can add up 10 drops of cream to add body, and/or 5-10 drops of sour for that sour twang.”

# Honey Blue Blue

Classic blend of fruits, honey, and cream.



FLV Flavor	%	Grams	Drops
Milk and Honey	0.07%	0.07	3-4
Blueberry	0.40%	0.40	20
Cream	0.13%	0.13	7
Pineapple	0.07%	0.07	3-4
VG	99.30%	125.26	99.30mL
Total Flavoring	0.67%		

## Age Notes

2-3 days

## Flavor Notes

“A simple combination of two fruits that complement each other when paired, in this case Pineapple and Blueberry, are often all you need to make a great juice. Throw in some cream to support the base of the flavor, and accent the profile with a little something extra, like the Honey we’re using here, and you’re well on your way to creating your own mix!”



# Honeymelon Bubblegum

A juicy watermelon bubble gum.



FLV Flavor	%	Grams	Drops
Bubble Gum	2.00%	2.00	100
Cantaloupe	0.50%	0.50	25
Sweetness	0.40%	0.40	20
Watermelon	2.00%	2.00	100
Wild Melon	1.50%	1.50	75
VG	80.00%	100.88	80.00mL
PG	13.60%	14.09	13.60mL
<b>Total Flavoring</b>	<b>6.40%</b>		

## Age Notes

3 days – This is very much a shake and vape recipe, but will benefit from an overnight steep. Best after 3 days.

## Flavor Notes

Bubble Gum provides a solid, smooth traditional gum profile base. Watermelon serves as a candy element and adds juiciness, with a note of rind. Wild Melon is a bright, refreshing melon mix, with watermelon and honeydew in front. Cantaloupe accentuates juiciness, creaminess, and adds an authentic texture. Sweetness is optional, but can add a level of sweet without gunking coils.



# Jam or Jelly

A delicious artisinal jam (or jelly?).



FLV Flavor	%	Grams	Drops
Pear	0.30%	0.30	15
Blood Orange	0.13%	0.13	7
Peach	0.13%	0.13	7
Watermelon	0.20%	0.20	10
Marshmallow	0.30%	0.30	15
Cotton Candy	0.30%	0.30	15
VG	98.60%	124.37	98.60mL
<b>Total Flavoring</b>	<b>1.37%</b>		

## Age Notes

1-3 days – Good overnight, even better after a few days.

## Flavor Notes

“Other vapers nearby will find themselves getting jelly when you jam out with this mix.”



# Lolly Pop

Basic recipe for a delicious lollipop.



FLV Flavor	%	Grams	Drops
Grape	0.53%	0.53	27
Candy Roll	0.30%	0.30	15
Strawberry	0.60%	0.60	30
Cream	0.20%	0.20	10
Sweetness	0.30%	0.30	15
VG	98.40%	124.04	98.40mL
<b>Total Flavoring</b>	<b>1.63%</b>		

## Age Notes

3 days

## Flavor Notes

“This simple recipe gives a great lollipop base flavor, with the Strawberry and Candy Roll blending to make a perfect candy-fruit base. If you want a different flavor, swap the Grape out for another fruit. Be carefully with Candy Roll, it’s very concentrated so only a few drops are needed.”

# Marshmallow Treats

Custom take on crispy rice marshmallow treats.



FLV Flavor	%	Grams	Drops
Marshmallow Treat	0.60%	0.60	30
Milk and Honey	0.20%	0.20	10
Cotton Candy	0.40%	0.40	20
Peanut Butter	0.20%	0.20	10
VG	98.60%	124.33	98.60mL
Total Flavoring	1.40%		

## Age Notes

4 days

## Flavor Notes

“If you like marshmallow treats, you’re in luck! Sticky treats drizzled with milk and honey, and peanut butter for enhanced nutty taste. Cotton Candy sweetens the mix while also enhancing the realism of the melted marshmallows.”



# Melonut

Melon, coconut, and citrus.



FLV Flavor	%	Grams	Drops
Candy Roll	0.25%	0.25	13
Cantaloupe	1.50%	1.50	75
Lemonade	2.00%	2.00	100
Orange Citrus	0.50%	0.50	25
Sweet Coconut	1.75%	1.75	88
Tropical Punch	2.00%	2.00	100
Wild Melon	2.00%	2.00	100
VG	90.00%	113.49	90.00mL
<b>Total Flavoring</b>	<b>10.00%</b>		

## Age Notes

7 days

## Flavor Notes

“Cantaloupe and Candy Roll on inhale. Coconut, Lemonade, and Wild Melon on exhale.”



# Melon Blush

Strawberry melon deliciousness!



FLV Flavor	%	Grams	Drops
Alpine Strawberry	0.04%	0.04	2
Cotton Candy	0.12%	0.12	6
Cream	0.05%	0.05	3
Strawberry	0.05%	0.05	3
Watermelon	0.12%	0.12	6
Wild Melon	0.05%	0.05	3
VG	99.60%	125.56	99.60mL
<b>Total Flavoring</b>	<b>0.43%</b>		

## Age Notes

3-5 days – Can be vaped immediately, but the flavors come together after a few days.

## Flavor Notes

“Ultra-low flavor percentage recipe.”



# Nutty Citrus Apple

Fruit salad with apples and citrus.



FLV Flavor	%	Grams	Drops
Macaroon	1.00%	1.00	50
Tangerine	1.50%	1.50	75
Green Apple	2.50%	2.50	125
Sour Apple	0.50%	0.50	25
Lemon	0.50%	0.50	25
VG	94.00%	118.53	94.00mL
Total Flavoring		6.00%	

## Age Notes

1 week – After 1 week of sit time, the Macaroon and Tangerine dominate. After 3+ weeks, the Macaroon is five doors down, still present. The Tangerine and Apple form a new flavor. It turns a pinkish color after extensive aging. The longer steep time, the better.

## Flavor Notes

“This recipe was inspired by a fruit salad I made. I was skeptical but very impressed. The tangerine and macaroon add a great background to the apple!”



# Peachy Green

Apples and peaches, oh my!



FLV Flavor	%	Grams	Drops
Green Apple	1.50%	1.50	75
Mango	1.00%	1.00	50
Peach	1.50%	1.50	75
Peach Gummy	2.00%	2.00	100
Pear	0.50%	0.50	25
Sour Apple	1.00%	1.00	50
VG	92.50%	116.64	92.50mL
<b>Total Flavoring</b>	<b>7.50%</b>		

## Age Notes

1 day – Ready when you are.

## Flavor Notes

“Mango boosts the juiciness of the apples and peaches, and the Peach Gummy adds texture.”

# Peach Berry Blast

Berry blast peach berry candy.



FLV Flavor	%	Grams	Drops
Blueberry	1.50%	1.50	75
Cotton Candy	1.00%	1.00	50
Peach Gummy	2.50%	2.50	125
VG	65.00%	81.97	65.00mL
PG	30.00%	31.08	30.00mL
Total Flavoring	5.00%		

## Age Notes

24 hours – Shake and vape but initial throat hit mellows after 12-24 hours.

## Flavor Notes

“This is a very simple easy candy mix, just these three flavors combined to produce a surprisingly close flavor to the candy. Feel free to add some Sweetness or Cotton Candy if it’s not sweet enough for you as-is.”



# Peach Rings

Peach ring gummy candies.



FLV Flavor	%	Grams	Drops
Peach Gummy	0.40%	0.40	20
Mango	0.07%	0.07	3
Cantaloupe	0.13%	0.13	7
Marshmallow	0.30%	0.30	15
Cotton Candy	0.30%	0.30	15
VG	98.80%	124.59	98.80mL
Total Flavoring	1.20%		

## Age Notes

3-4 days – Give it a few days for the slight harshness to dissipate for best flavor.

## Flavor Notes

“Mango and Cantaloupe are used here to fill out the Peach Gummy flavor profile, adding complexity and juiciness. Marshmallow and Cotton Candy are adding sweetness and mouth-feel. You can replace Cotton Candy with Sweetness if you like, but too much sweetener will ruin the juice.”



# Pitaya Club

A complex multi-layered citrus fruit medley.



FLV Flavor	%	Grams	Drops
Candy Roll	1.25%	1.25	63
Cantaloupe	1.25%	1.25	63
Dragon Fruit	0.75%	0.75	38
Lemonade	4.00%	4.00	200
Lime	0.15%	0.15	8
Orange Citrus	0.75%	0.75	38
Peach	0.35%	0.35	18
Sweet Coconut	2.00%	2.00	100
VG	89.50%	112.86	89.50mL
<b>Total Flavoring</b>	<b>10.50%</b>		

## Age Notes

7 days

## Flavor Notes

“On the inhale, enjoy Candy Roll alongside Cantaloupe and Orange, then exhale Dragon fruit, Lime, and tropical fruits.”



# Relish The Thought

Traditional Thanksgiving cranberry relish.



FLV Flavor	%	Grams	Drops
Apple Cider	0.20%	0.20	10
Cranberry	0.60%	0.60	30
Ginger Peach	0.40%	0.40	20
Peach	0.20%	0.20	10
Persimmon	0.20%	0.20	10
Sweetness	0.20%	0.20	10
VG	70.00%	88.27	70.00mL
PG	28.20%	29.22	28.20mL
Total Flavoring	1.80%		

## Age Notes

5 days

## Flavor Notes

“A sweet, fruity relish of Gingered peaches, cranberries, and persimmons.”



# Sour Applemelon

Watermelon and Sour Apple Jolly Ranchers!



FLV Flavor	%	Grams	Drops
Watermelon	0.60%	0.60	30
Sour Apple	0.40%	0.40	20
Candy Roll	0.13%	0.13	7
Milk and Honey	0.20%	0.20	10
Lime Wedge	0.13%	0.13	7
VG	98.50%	124.26	98.50mL
Total Flavoring		1.46%	

## Age Notes

1 day – Shake and vape, but every mix benefits from an overnight sit to meld the flavors.

## Flavor Notes

N/A



# Strawberry Kiwi Bubbles

Strawberry-Lime Kiwi bubblegum.



FLV Flavor	%	Grams	Drops
Kiwi	0.13%	0.13	7
Lime	0.13%	0.13	7
Strawberry	0.40%	0.40	20
Alpine Strawberry	0.13%	0.13	7
Bubble Gum	0.20%	0.20	10
Cotton Candy	0.20%	0.20	10
VG	98.80%	124.59	98.80mL
<b>Total Flavoring</b>	<b>1.20%</b>		

## Age Notes

1-3 days – Can be vaped after 1 night but best at 3 days.

## Flavor Notes

“Strawberry-Kiwi flavors is enhanced with the sharp tanginess of Lime, creating an experience like no gum you’ve ever tasted before.”



# Sunkist Melons

Citrus meets melon in the morning dew.



FLV Flavor	%	Grams	Drops
Cantaloupe	0.50%	0.50	25
Lemonade	1.40%	1.40	70
Lime	0.50%	0.50	25
Pink Guava	0.50%	0.50	25
Watermelon	0.50%	0.50	25
Wild Melon	1.50%	1.50	75
VG	95.10%	119.92	95.10mL
Total Flavoring		4.90%	

## Age Notes

1 day

## Flavor Notes

“Wild Melon is hands down one of the best melon flavors I have. Pink Guava reminds me more of a grapefruit with a slight guava undertone to it but it’s good! If the citrus is too much you can reduce Pink Guava or Lime.”



# Super Fruity

A fruit medley like you've never seen!



FLV Flavor	%	Grams	Drops
Soursop	0.50%	0.50	25
Apple	1.00%	1.00	50
Lemon	1.00%	1.00	50
Blueberry	1.00%	1.00	50
Blood Orange	1.00%	1.00	50
Watermelon	0.50%	0.50	25
Tangerine	1.00%	1.00	50
Cherimoya	0.50%	0.50	25
Candy Roll	0.50%	0.50	25
Green Apple	1.00%	1.00	50
VG	92.00%	116.01	92.00mL
Total Flavoring	8.00%		

## Age Notes

1 day – Basically shake and vape.

## Flavor Notes

“Very sweet. A complex layering of flavors that pops!”



# Sweet Coco Melon Berry

Melon mash with coconut and strawberry.



FLV Flavor	%	Grams	Drops
Cantaloupe	1.00%	1.00	50
Strawberry	1.00%	1.00	50
Sweet Coconut	0.60%	0.60	30
Watermelon	0.40%	0.40	20
Wild Melon	1.20%	1.20	60
VG	95.80%	120.80	95.80mL
<b>Total Flavoring</b>	<b>4.20%</b>		

## Age Notes

3 days

## Flavor Notes

“Nice sweet melon with mild coconut for subtle creamy undertones.”

# Tangy Persimmon

Persimmon citrus medley.



FLV Flavor	%	Grams	Drops
Blood Orange	2.00%	2.00	100
Lemon	0.50%	0.50	25
Persimmon	2.50%	2.50	125
Tangerine	2.00%	2.00	100
VG	93.00%	117.27	93.00mL
Total Flavoring	7.00%		

## Age Notes

1 day – Little to no steep time makes a bold citrus flavor. After 3+ weeks there is no color change. Taste dulls. Shake and vape within 2 weeks.

## Flavor Notes

“Citrus, sweet. Amazing. Persimmon can be used as a stand alone as well.”



# Tropical Fruit Smoothie

Exotic fruits blended together.



## FLV Flavor

%

Grams

Drops

Alpine Strawberry

0.50%

0.50

25

Banana

2.50%

2.50

125

Cherimoya

1.00%

1.00

50

Kiwi

1.00%

1.00

50

Persimmon

0.50%

0.50

25

VG

94.50%

119.16

94.50mL



Total Flavoring

5.50%

## Age Notes

1 week – This mix morphs in color and flavor after 3+ weeks of steeping.

## Flavor Notes

“The Kiwi is pretty dominant. The Strawberry mellows out and the other flavors give it an exotic taste.”



# Tropical Melon Punch

Melon fruit punch with a citrus twist.



FLV Flavor	%	Grams	Drops
Cantaloupe	0.80%	0.80	40
Pink Guava	0.60%	0.60	30
Tropical Punch	2.00%	2.00	100
Watermelon	0.40%	0.40	20
Wild Melon	1.40%	1.40	70
VG	94.80%	119.54	94.80mL
<hr/>			
Total Flavoring	5.20%		

## Age Notes

1 day

## Flavor Notes

“This comes off as a lightly citrusy melon vape.”



# Watermelody

Juicy melons with a refreshing chill.



FLV Flavor	%	Grams	Drops
Cantaloupe	1.25%	1.25	63
Cool Menthol	0.50%	0.50	25
Marshmallow	0.50%	0.50	25
Smooth Vanilla	0.20%	0.20	10
Sweet Cream	2.00%	2.00	100
Sweetness	0.75%	0.75	38
Watermelon	1.75%	1.75	88
Wild Melon	3.50%	3.50	175
VG	80.00%	100.88	80.00mL
PG	9.60%	9.89	9.60mL
Total Flavoring	10.45%		

## Age Notes

1-3 days – Ready to refresh after sitting overnight. Sweetness will come out more over the first week, if it lasts that long.

## Flavor Notes

Spurred by a love for melon vapes with a hint of menthol, this recipe shines with Wild Melon's ripe, juicy melon flavor. Honeydew comes through Wild Melon a bit strong, so Watermelon and Cantaloupe aid in boosting the other melon flavors. Marshmallow and Sweet Cream balance the fruity top notes and give body. Smooth Vanilla is a hyper-concentrated, light vanilla flavor with a subtle floral note that blends well into this mix.



# Watermelon Rush Remix

A rush of juicy watermelon and strawberries.



FLV Flavor	Percent	Grams	Drops
Marshmallow	1.00%	1.00	50
Strawberry Cream	1.50%	1.50	75
Strawberry Filling	1.50%	1.50	75
Sweet Cream	1.00%	1.00	50
Sweetness	0.25%	0.25	13
Wild Melon	2.00%	2.00	100
VG	75.00%	94.58	75.00mL
PG	17.80%	18.39	17.80mL
<b>Total Flavoring</b>	<b>7.25%</b>		

## Age Notes

5 days – This is good as a shake and vape but even better after the flavors have more time to mesh.

## Flavor Notes

“This is a recipe that I just whipped up to try out some new flavors no agenda in mind. There are many commercial juices with this profile, but this mix blows them out of the water!”



# White Chocolate Bar

Delicious tribute to the white-chocolate give-me-a-break bars.



FLV Flavor	%	Grams	Drops
Peanut Butter	0.30%	0.30	15
White Chocolate	0.60%	0.60	30
Cookie	0.30%	0.30	15
Marshmallow	0.30%	0.30	15
Caramel	0.40%	0.40	20
VG	98.10%	123.70	98.10mL
Total Flavoring	1.90%		

## Age Notes

7 days – Be sure to give it enough time for all the complex flavorings here to meld together.

## Flavor Notes

“White Chocolate provides the perfect coating, reproducing the rich creamy sweetness of white chocolate perfectly. Peanut Butter blends with Cookie to give form to the crunch wafers inside, and Caramel is used with Cotton Candy to sweeten and enhance the mouth-feel.”

# Wild Exotic

A tart, refreshing blend of exotic lychee, citrus, and melons.



FLV Flavor	%	Grams	Drops
Lime	0.60%	0.60	30
Lychee	0.40%	0.40	20
Pink Guava	1.00%	1.00	50
Wild Melon	2.00%	2.00	100
VG	96.00%	121.06	96.00mL
Total Flavoring	4.00%		

## Age Notes

3 days

## Flavor Notes

“Citrus guava with a subtle lychee exhale!”

# Wild Jack

Melons, berries, jackfruit, and tangerine.



FLV Flavor	%	Grams	Drops
Berry Blend	0.54%	0.54	27
Jackfruit	0.40%	0.40	20
Tangerine	0.33%	0.33	17
Wild Melon	0.80%	0.80	40
VG	97.90%	123.49	97.90mL
Total Flavoring	2.07%		

## Age Notes

1-3 days

## Flavor Notes

“Wild Melon has been my go-to when I want something summerish. This mix combines Wild Melon and Berry Blend, which mellow each other out. The Jackfruit helps smooth and sweeten it up, while Tangerine perks it up with accents of sharp sweet citrus. To brighten it up a bit more, add 0.05% Cucumber.”



# Zombie Brains

Great vape for flavor fatigue (vaper's tongue).

FLV Flavor	%	Grams	Drops
Creme de Menthe	0.30%	0.30	15
Sweet Coconut	0.13%	0.13	7
Rich Cinnamon	0.07%	0.07	3
Cream	0.53%	0.53	27
Sweetness	0.20%	0.20	10
VG	98.80%	124.55	98.80mL
<b>Total Flavoring</b>	<b>1.23%</b>		

## Age Notes

1 day

## Flavor Notes

“This mix was designed to rapidly cure vaper’s tongue, but it’s also a surprisingly enjoyable change of pace when you’re not suffering olfactory fatigue.”

# Dessert Recipes



# Apple Surprise

Rich cinnamon apples baked in a custard cream.



## FLV Flavor

%

Grams

Drops

Apple

1.00%

1.00

50

Apple Filling

2.00%

2.00

100

Cheesecake

2.00%

2.00

100

Raspberry

1.00%

1.00

50

Vanilla Pudding

1.00%

1.00

50

VG

93.00%

117.27

93.00mL

## Age Notes

2 weeks – After a couple weeks, the taste is like a warm apple pie. Steep as long as you can.

## Flavor Notes

N/A



Total Flavoring

7.00%



# Banana Pudding

Delicious creamy banana pudding.



## FLV Flavor

%

Grams

Drops

Banana

3.00%

3.00

150

Cheesecake

1.00%

1.00

50

Lemon

0.50%

0.50

25

Mocha

1.00%

1.00

50

Vanilla Pudding

1.00%

1.00

50

VG

93.50%

117.90

93.50mL

## Age Notes

7 days – Needs extra aging time for the flavors to blend properly.

## Flavor Notes

“When a recipe has more dessert flavors than fruit flavors, it is best to have a higher percent of the fruit. The banana is sweet, fresh, with a slight candy vibe, and the Lemon is used for its ability to make other fruits stand out more.”



Total Flavoring

6.50%



# Beach Cone

A cool tropical ice cream cone.



FLV Flavor	%	Grams	Drops
Blood Orange	0.40%	0.40	20
Cantaloupe	0.20%	0.20	10
Vanilla Custard	0.53%	0.53	27
Milk and Honey	0.40%	0.40	20
Cool Menthol	0.20%	0.20	10
Cookie	0.30%	0.30	15
Sweetness	0.20%	0.20	10
VG	97.80%	123.29	97.80mL
<b>Total Flavoring</b>	<b>2.23%</b>		

## Age Notes

3-4 days – Bet the bottle doesn't last a week!

## Flavor Notes

"If you ever grabbed an ice cream from the stand at the beach with that funky hard shell coating, you'll dig this."



# Beer Nut Butter

A rich blend of nuttiness and cream.



FLV Flavor	%	Grams	Drops
Beer Nuts	0.20%	0.20	10
Vanilla Custard	0.40%	0.40	20
Frosting	0.53%	0.53	27
Milk and Honey	0.40%	0.40	20
Crunch Cereal	0.40%	0.40	20
Lime Wedge	0.30%	0.30	15
Coconut	0.30%	0.30	15
Marshmallow	0.30%	0.30	15
Butterscotch	0.30%	0.30	15
Caramel	0.30%	0.30	15
Greek Yogurt	0.07%	0.07	3
VG	96.50%	121.69	96.50mL
Total Flavoring	3.50%		

## Age Notes

3-4 days – Keeps developing as more time passes, mix a larger size.

## Flavor Notes

“Thick, rich and creamy with Beer Nuts in the best cream sauce I have ever tasted! I have used other nuts, so sub out if needed. The Coconut and Lime actually livens up the nutty taste.”



# Bloo-gurt

Tart yogurt with fresh blueberries.



FLV Flavor	%	Grams	Drops
Lime Wedge	0.13%	0.13	7
Blueberry	0.53%	0.53	27
Pound Cake	0.30%	0.30	15
Crunch Cereal	0.30%	0.30	15
White Chocolate	0.13%	0.13	7
Marshmallow	0.30%	0.30	15
Greek Yogurt	0.53%	0.53	27
VG	97.80%	123.29	97.80mL
<b>Total Flavoring</b>	<b>2.23%</b>		

## Age Notes

3 days – It’s good after a few days, but the longer you can let it sit and age, the better it will be.

## Flavor Notes

“One of my favorite yogurts with fresh blueberries! Lime enhances tartness and freshens the berries, and the Crunch Cereal and Pound Cake anchor the mix.”



# Blue Moon

Luxurious cheesecake topped with berry compote.



FLV Flavor	%	Grams	Drops
Cheesecake	3.00%	3.00	150
Brie Cheese	0.50%	0.50	25
Greek Yogurt	1.00%	1.00	50
Vanilla Custard	1.50%	1.50	75
Berry Blend	0.75%	0.75	38
Berry Cheesecake	0.75%	0.75	38
Blueberry Muffin	1.00%	1.00	50
Graham Cracker	1.75%	1.75	88
VG	80.00%	100.88	80.00mL
PG	9.80%	10.10	9.80mL
Total Flavoring	10.25%		

## Age Notes

4-7 days – Give this one a week to fully develop.

## Flavor Notes

This mix was created via new flavor experimentation with Brie Cheese, Berry Blend, and Berry Cheesecake. Berry Blend provides a fresh base of mixed-berry compote. Berry Cheesecake works with Blueberry Muffin to fill in gaps, creating a potent cooked berry flavor. Brie Cheese adds to the cheesecake base profile alongside Cheesecake, Vanilla Custard, and Greek Yogurt (for tartness). Graham Cracker provides a graham crust.



# Bourbon Barrel Vanilla Ice Cream

Bourbon-tinged vanilla ice cream, barrel-aged to perfection.



FLV Flavor	%	Grams	Drops
Bourbon	0.85%	0.85	43
Butterscotch	0.30%	0.30	15
Caramel	0.30%	0.30	15
Cream	0.75%	0.75	38
Oak Barrel	2.50%	2.50	125
Smooth Vanilla	0.20%	0.20	10
Sweet Cream	0.75%	0.75	38
Sweetness	0.25%	0.25	13
Vanilla Bean	1.00%	1.00	50
VG	75.00%	94.58	75.00mL
PG	18.10%	18.75	18.10mL
Total Flavoring	6.90%		

## Age Notes

5 days – Lots of flavors melding together means this one needs a little extra time.

## Flavor Notes

Smooth bourbon oak barrel vanilla cream with subtle butterscotch and caramel back notes. Vanilla Bean is a lot lighter than the powerful Smooth Vanilla, when added to the cream flavors, a silky-smooth vanilla ice cream emerges. An accurate Oak Barrel, with a little Bourbon, Butterscotch, and Caramel, transforms this mix to a whiskey-soaked bourbon oak barrel. Butterscotch and Caramel add sweet notes. Reduce Oak Barrel and Bourbon for more of an ice cream vape.



# Brown Cow

Caramel cream with a hint of coffee.



FLV Flavor	%	Grams	Drops
Milk and Honey	0.30%	0.30	15
Cream	0.20%	0.20	10
Butterscotch	0.53%	0.53	27
Macaroon	0.30%	0.30	15
Coffee	0.13%	0.13	7
Bourbon	0.13%	0.13	7
White Chocolate	0.30%	0.30	15
Marshmallow	0.30%	0.30	15
VG	97.80%	123.34	97.80mL
<b>Total Flavoring</b>	<b>2.19%</b>		

## Age Notes

4-7 days – This one needs a little longer to mature.

## Flavor Notes

“How now, Brown Cow! Caramel cream blend with a touch of Coffee and Kentucky Bourbon to bring you closer to enjoying a Werther’s caramel after your morning coffee.”



# Caramel Toffee

A luxurious caramel toffee.



FLV Flavor	%	Grams	Drops
Caramel	1.50%	1.50	75
Mocha	0.50%	0.50	25
Peanut Butter	1.00%	1.00	50
Smore	1.50%	1.50	75
Toffee	1.00%	1.00	50
White Chocolate	2.00%	2.00	100
VG	92.50%	116.64	92.50mL
<b>Total Flavoring</b>	<b>7.50%</b>		

## Age Notes

7 days – Give it some time for best results.

## Flavor Notes

“Creamy, layered dessert mix. This mix uses unexpected flavors creatively and when they all meld together the result is delicious!”



# Cherry Berry Kustard

Luscious cherry custard.



## FLV Flavor

%

Grams

Drops

Pear

0.30%

0.30

15

Rainier Cherry

0.20%

0.20

10

Black Cherry

0.07%

0.07

3

Watermelon

0.20%

0.20

10

Berry Blend

0.10%

0.10

5

Vanilla Custard

0.30%

0.30

15

Custard

0.40%

0.40

20

Cheesecake

0.20%

0.20

10

VG

98.20%

123.87

98.20mL

Total Flavoring

1.77%

## Age Notes

1-2 weeks – You can try it after a few days, but it’s much better after a week or two.

## Flavor Notes

“While it’s one of the best flavor-perfect cherry dessert recipes, it really does need time to develop. Give you flavors time to contemplate how well they will behave with each other and watch the magic happen!”



# Chocolates Pudding

Sweet, thick chocolate pudding.



FLV Flavor	%	Grams	Drops
Chocolate Deutsch	0.50%	0.50	25
Milk Chocolate	0.70%	0.70	35
Sweetness	0.10%	0.10	5
Vanilla Pudding	2.40%	2.40	120
VG	85.00%	107.19	85.00mL
PG	11.30%	11.71	11.30mL
Total Flavoring	3.70%		

## Age Notes

1 week

## Flavor Notes

“The Chocolate Deutsch and Milk Chocolate make the chocolate in-your-face strong.”



# Creamy Coconut Pudding

Classic coconut cream pudding.



## FLV Flavor

%

Grams

Drops

Cookie

0.75%

0.75

38

Sweet Coconut

2.00%

2.00

100

Sweetness

0.25%

0.25

13

Vanilla Pudding

2.00%

2.00

100

Whipped Cream

1.25%

1.25

63

VG

75.00%

94.58

75.00mL

PG

18.80%

19.43

18.80mL

Total Flavoring

6.25%

## Age Notes

3 days – This recipe is perfect on a 3 day steep, but it will get better and better the longer it steeps.

## Flavor Notes

“It’s a creamy coconut pudding pie with a cookie crust. The coconut pudding is topped with whipped cream.”





# Deer Lodge

A hopped apple cider pudding.



## FLV Flavor

%

Grams

Drops

Apple Cider

2.00%

2.00

100

Apple Pop

1.00%

1.00

50

Coconut

0.25%

0.25

13

Rich Cinnamon

0.10%

0.10

5

Vanilla Pudding

3.00%

3.00

150

Yakima Hops

1.00%

1.00

50

VG

70.00%

88.27

70.00ml

PG

22.70%

23.47

22.70mL

Total Flavoring

7.35%

## Age Notes

7 days

## Flavor Notes

Yakima Hops dances alongside boozy Apple Cider notes in this mix. Apple Pop adds a punch to the apple profile. Vanilla Pudding brings a base, smooth texture, and body. The buttery notes of Coconut accentuate the richness of the pudding base. Rich Cinnamon is added to temper any clash between the boozy cider notes and rich pudding. The warm spice creates a level of comfort – like a vaguely macho dessert served at a boutique hunter’s lodge. Welcome to Deer Lodge.





# Gumeye Ball

Lemon-vanilla ice cream bar.



FLV Flavor	%	Grams	Drops
Bubble Gum	2.00%	2.00	100
Cream	0.75%	0.75	38
Lemonade	3.00%	3.00	150
Marshmallow	0.50%	0.50	25
Vanilla Pudding	3.50%	3.50	175
VG	70.00%	88.27	70.00mL
PG	20.30%	20.98	20.30mL
Total Flavoring	9.75%		

## Age Notes

2 days

## Flavor Notes

A bite of one of those vanilla and lemon flavored cartoon ice cream truck bars with the gum-ball eyes. Bubble Gum is authentic with less chalkiness than other manufacturers. Vanilla Pudding helps smooth and makes a great base without much of a steep. Lemonade is a sweet, sugary lemonade and blends easily. Marshmallow tastes more realistic than any other on the market, and eliminates any need for sweetener as it smooths and softens the mouth-feel.

# Kirk's Custard Sauce

Boysenberry custard with cranberry accent.



FLV Flavor	%	Grams	Drops
Boysenberry	2.00%	2.00	100
Cranberry	1.00%	1.00	50
Cream	2.00%	2.00	100
Vanilla Custard	3.00%	3.00	150
VG	92.00%	116.01	92.00mL
Total Flavoring	8.00%		

## Age Notes

5 days

## Flavor Notes

“Creamy custardy Boysenberry with a touch of that Cranberry in the back.”



# Peaches and Cream

Peaches 'n' Cream with a hint of shine.



FLV Flavor	%	Grams	Drops
Peach	0.80%	0.80	40
Milk and Honey	0.53%	0.53	27
Sweet Coconut	0.40%	0.40	20
Vanilla Custard	0.13%	0.13	7
Lime	0.13%	0.13	7
Bourbon	0.20%	0.20	10
Lemon Tea	0.13%	0.13	7
Greek Yogurt	0.13%	0.13	7
VG	97.60%	123.01	97.60mL
<b>Total Flavoring</b>	<b>2.45%</b>		

## Age Notes

4-7 days – Juicy and delicious after a week.

## Flavor Notes

“The creamy custard softens the peach and allows the juicy peach to shine! The Milk and Honey and Kentucky Bourbon bolster the richness of the Peach with a slight booziness.”

# Peanut Butter Banana Pudding

Peanut butter swirled banana pudding.



FLV Flavor	%	Grams	Drops
Banana	1.00%	1.00	50
Peanut Butter	1.00%	1.00	50
Vanilla Pudding	3.00%	3.00	150
Sweetness	0.25%	0.25	13
VG	75.00%	94.58	75.00mL
PG	19.80%	20.46	19.80mL
Total Flavoring	5.25%		

## Age Notes

3 days

## Flavor Notes

“A simple 3 flavor peanut butter pudding with banana chunks. The Sweetness is used to moisten up the mix so the Peanut Butter doesn't vape so dry.”



# Pearl Necklace

Pear and Coconut baked into a sweet buttery delight.



FLV Flavor	%	Grams	Drops
Pear	0.80%	0.80	40
Coconut	0.60%	0.60	30
Butterscotch	0.30%	0.30	15
Caramel	0.30%	0.30	15
Marshmallow	0.40%	0.40	20
VG	97.60%	123.07	97.60mL
<b>Total Flavoring</b>	<b>2.40%</b>		

## Age Notes

7 days – However you like it.

## Flavor Notes

Pear takes the lead here, lending body and juicy sweetness to the blend. There is no other Coconut like this one, helping liquefy the flavors while its rich creaminess supports the Pear. The Butterscotch, Caramel and Marshmallow wrap it all up in a rich, buttery, sweetness. You can consider adding a light Strawberry, Blueberry, even Acai or Dragon Fruit to turn this into an ADV.



# Simply Vanilla

Smooth, creamy burst of layered vanilla flavor.



## FLV Flavor

%

Grams

Drops

Brie Cheese

1.50%

1.50

75

Caramel

0.50%

0.50

25

Cheesecake

1.50%

1.50

75

Graham Cracker

2.00%

2.00

100

Vanilla Bean

1.50%

1.50

75

Vanilla Pudding

1.00%

1.00

50

Whipped Cream

1.00%

1.00

50

VG

91.00%

114.75

91.00mL

Total Flavoring

9.00%

## Age Notes

7 days – The longer it ages the better.

## Flavor Notes

“An attempt to create a rich vanilla cream flavor.”





# Watergate Salad

Pistachio pudding with pineapple, coconut, and marshmallows.



## FLV Flavor

%

Grams

Drops

Pistachio 0.07% 0.07 3

Vanilla Pudding 0.20% 0.20 10

Pineapple 0.20% 0.20 10

Coconut 0.20% 0.20 10

Marshmallow 0.30% 0.30 15

Lime Wedge 0.13% 0.13 7

Vanilla Pudding 0.13% 0.13 7

Custard 0.30% 0.30 15

VG 98.50% 124.17 98.50mL

Total Flavoring 1.53%

## Age Notes

3-4 days

## Flavor Notes

“Gotta love the ‘70’s! If you remember Ambrosia, then you’ll remember Watergate Salad. If this is too light for you, try raising the amounts by 0.10% each until you find your happy spot.”





# White Banana

Rich creamy white chocolate bananas.



FLV Flavor	%	Grams	Drops
Milk and Honey	0.07%	0.07	3
Banana	0.30%	0.30	15
Cream	0.13%	0.13	7
White Chocolate	0.40%	0.40	20
Cheesecake	0.20%	0.20	10
Sweetness	0.30%	0.30	15
VG	98.60%	124.33	98.60mL
<b>Total Flavoring</b>	<b>1.40%</b>		

## Age Notes

2-3 days

## Flavor Notes

Smooth sweet white chocolate and bananas make a creamy delight together. Adding 0.20% Greek Yogurt will help this go “poof” even faster.



# White Banana Nut

White chocolate-dipped banana coated in nuts.



## FLV Flavor

%

Grams

Drops

Banana

3.00%

3.00

150

Lemon

0.50%

0.50

25

Macaroon

0.50%

0.50

25

Pistachio

0.50%

0.50

25

Whipped Cream

1.50%

1.50

75

White Chocolate

1.00%

1.00

50

VG

93.00%

117.27

93.00mL

Total Flavoring

7.00%

## Age Notes

7 days – Banana needs to mellow out a bit.

## Flavor Notes

“Enjoy this fruity-sweet delight. Lemon punches up the banana here, and the white chocolate nut dip brings it all together.”



# Bakery Recipes



# ABC Batter

Berries and coconut cupcake batter.



## FLV Flavor

%

Grams

Drops

Alpine Strawberry

0.15%

0.15

8

Blueberry

0.70%

0.70

35

Cupcake Batter

0.80%

0.80

40

Pound Cake

0.60%

0.60

30

Sweet Coconut

0.30%

0.30

15

VG

97.50%

122.88

97.50mL



Total Flavoring

2.55%

## Age Notes

2-3 days – This mix needs to sit for a few days.

## Flavor Notes

“The main flavor is Blueberry after first mixing it up. Alpine Strawberry starts to be more prominent after a few days. If you want more Alpine Strawberry flavor you can bump it up to 0.20%, just remember Alpine Strawberry is strong. Pound Cake gives body to the mix, without pound cake it just lacks substance. It also lends itself to the Cupcake Batter nicely.”



# Apple Jax

Delicious tribute to the traditional cereal.



FLV Flavor	%	Grams	Drops
Green Apple	0.60%	0.60	30
Crunch Cereal	0.80%	0.80	40
Cotton Candy	0.60%	0.60	30
Apple Filling	0.60%	0.60	30
Cream	0.30%	0.30	15
Caramel	0.20%	0.20	10
Maple Bar	0.20%	0.20	10
Tropical Citrus	0.20%	0.20	10
Cookie	0.60%	0.60	30
Sweet Coconut	0.30%	0.30	15
VG	95.60%	120.55	95.60mL
Total Flavoring	4.40%		

## Age Notes

3-5 days – Give all the various flavors at least a few days to blend, maximizing the effect to mimic the traditional cereal.

## Flavor Notes

This recipe brings together many disparate flavor notes to build the complete effect of the cereal. The Maple Bar, Crunch Cereal, and Cookie together form the base of the cereal. Apple Filling, Green Apple make up the cinnamon-apple flavor, and accents with Tropical Citrus and Sweet Coconut balance and round out the profile. Cream, Cotton Candy, and Caramel together form the milky cream base.



# Apple Popcorn Balls

Caramel apple popcorn balls.



FLV Flavor	%	Grams	Drops
Apple Pop	0.50%	0.50	25
Butterscotch	0.50%	0.50	25
Caramel	0.50%	0.50	25
Popcorn	1.50%	1.50	75
Sour Apple	1.00%	1.00	50
Vanilla Bean	1.50%	1.50	75
VG	75.00%	94.58	75.00mL
PG	19.50%	20.20	19.50mL
<b>Total Flavoring</b>	<b>5.50%</b>		

## Age Notes

3-4 days – Needs a few days to come together.

## Flavor Notes

“A different type of recipe testing some new flavors, this tastes a lot like apples dipped in caramel and coated with popcorn. Give it a shot!”



# Baklava

A beautiful version of the classic baklava pastry.



FLV Flavor	%	Grams	Drops
Milk and Honey	0.80%	0.8	40
Blood Orange	0.20%	0.2	10
Tangerine	0.30%	0.3	15
Macaroon	0.30%	0.3	15
Butterscotch	0.30%	0.3	15
Horchata	0.80%	0.8	40
Coconut	0.30%	0.3	15
Marshmallow	0.30%	0.3	15
Greek Yogurt	0.20%	0.2	10
VG	96.50%	121.69	96.50mL
Total Flavoring	3.50%		

## Age Notes

7+ days – These bakery recipes often need a little more time to get the best out of them. This one really benefits from the aging time.

## Flavor Notes

“A complex mix with a lot of moving parts, but well worth the effort to enjoy this Eastern European delicacy. Greek Yogurt enhances the bakery notes from Macaroon, and the Sweet Coconut accents Macaroon nicely. Butterscotch, Horchata and Marshmallow build up spices and add complexity to underscore the citrus top notes provided by Blood Orange.”



# Banana Bread Pudding w/ Bourbon-Praline Sauce

Bread pudding with chunks of bananas and nuts, drenched in sticky-sweet sauce.



FLV Flavor	%	Grams	Drops
Banana	0.60%	0.6	30
Coconut	0.20%	0.2	10
Caramel	0.30%	0.3	15
Bourbon	0.30%	0.3	15
Macaroon	0.60%	0.6	30
Peanut Butter	0.25%	0.25	13
Pralines	0.30%	0.3	15
VG	97.50%	122.88	97.50mL
<b>Total Flavoring</b>	<b>2.55%</b>		

## Age Notes

4-7 days – Really comes into its own after 4 days, then keeps improving.

## Flavor Notes

“The taste I got was just gorgeous! It really is like a roasted bread pudding, with chunks of bananas and nuts mixed through out. The praline sauce is sticky and you can taste the caramel and pralines on the tip of your tongue!”



# Banana Cream Pie

Rich, creamy banana cream pie.



FLV Flavor	%	Grams	Drops
Banana	0.30%	0.3	15
Sweet Coconut	0.13%	0.13	7
Cheesecake	0.20%	0.20	10
Horchata	0.13%	0.13	7
Crunch Cereal	0.13%	0.13	7
Cookie	0.13%	0.13	7
Greek Yogurt	0.13%	0.13	7
VG	98.90%	124.65	98.90mL
<b>Total Flavoring</b>	<b>1.15%</b>		

## Age Notes

3-5 days – Give it a few days for best effect.

## Flavor Notes

“Banana Cream Pie! Is this one your favorites? Lush Bananas, sweet coconut, and rich cream piled into a crust that makes you drool.”



# BB Cake?

Blueberry pancake/cupcake.



FLV Flavor	%	Grams	Drops
Blueberry	0.85%	0.85	43
Blueberry Muffin	0.19%	0.19	10
Cream	1.00%	1.00	50
Cupcake Batter	1.45%	1.45	73
Marshmallow	0.60%	0.60	30
Sweet Cream	0.22%	0.22	11
VG	95.70%	120.67	95.70mL
<b>Total Flavoring</b>	<b>4.31%</b>		

## Age Notes

1-3 days – Give it overnight to become beautiful.

## Flavor Notes

“This recipe is kind of weird depending on the person and what you vape it out off. It can be blueberry cupcake, pancake, or waffle.”



# Blueberry Cake Bites

Frosted blueberry cake bites.



FLV Flavor	%	Grams	Drops
Blueberry Muffin	5.00%	5.00	250
Cupcake Batter	2.00%	2.00	100
Frosting	1.25%	1.25	63
Pound Cake	2.50%	2.50	125
Sweetness	0.25%	0.25	13
Vanilla Pudding	2.00%	2.00	100
VG	75.00%	94.58	75.00mL
PG	12.00%	12.43	12.00mL
<b>Total Flavoring</b>	<b>13.00%</b>		

## Age Notes

4 days – Ready when you are, but best after 4 days.

## Flavor Notes

“Delicious blueberry cake donut holes, frosted with a sweet glaze. Blueberry Muffin has a delicious baked blueberry flavor if you push it high enough. Pound Cake and Cupcake Batter are used here to make the cake donut. Frosting and Vanilla Pudding create the glazed frosting while also mellowing the cake notes just enough. Sweetness is optional but I like the additional sweetness it brings to the table.”



# Blueberry Cream Pie

Flavorful, layered blueberry cream pie.



FLV Flavor	%	Grams	Drops
Blueberry	0.53%	0.53	27
Marshmallow	0.40%	0.40	20
Vanilla Custard	0.40%	0.40	20
Cream	0.27%	0.27	13
Crunch Cereal	0.30%	0.30	15
Cinnamon Crunch	0.20%	0.20	10
Butterscotch	0.20%	0.20	10
Caramel	0.20%	0.20	10
Pineapple	0.20%	0.20	10
VG	97.30%	122.70	97.30mL
Total Flavoring	2.70%		

## Age Notes

7-21 days – Long aging period really allows the flavors to develop.

## Flavor Notes

“You might want to increase the amounts, but as I have it here, the blueberries are rather top heavy, the cream is on par, the butterscotch and caramel lend the sweetness and the crust for pie is made from both crunch and cinnamon toast crunch. If you wanted to, you could add in some ginger snap for a ginger spiced crust.. The pineapple is there to brighten everything up!”



# Blueberry Zinger

Fresh berries stuffed into buttery pound cake topped with coconut flakes.



## FLV Flavor

%

Grams

Drops

Blueberry

0.40%

0.40

20

Dragon Fruit

0.13%

0.13

7

Vanilla Custard

0.13%

0.13

7

Pound Cake

0.40%

0.40

20

Cookie

0.20%

0.20

10

Caramel

0.20%

0.20

10

Sweet Coconut

0.20%

0.20

10

Greek Yogurt

0.20%

0.20

10

VG

98.10%

123.74

98.10mL

Total Flavoring

1.87%

## Age Notes

3 days – Keeps getting better after 3 days.

## Flavor Notes

“Fresh Blueberries (the Dragon Fruit and Caramel work for even more depth and jam) stuffed into a white pound cake, topped with sweet coconut flakes. The Greek Yogurt makes this recipe just pop all inside your mouth and not in your hands.”





# Caramel Apple

Juicy sweet caramel apple, coated in nuts.



## FLV Flavor

%

Grams

Drops

Pistachio

0.20%

0.2

10

Red Apple

0.20%

0.2

10

Granny Smith

0.30%

0.3

15

Marshmallow

0.30%

0.3

15

Cotton Candy

0.20%

0.2

10

Caramel

0.20%

0.2

10

Butterscotch

0.20%

0.2

10

Cream

0.20%

0.2

10

VG

98.20%

123.83

98.20mL

Total Flavoring

1.80%

## Age Notes

3-4 days – Just keeps getting tastier as long as the bottle lasts!

## Flavor Notes

“I really enjoy this caramel apple, all candied and pistachio'd up! Super sweet and guaranteed to melt in your mouth! If you like, add a touch of Peanut Butter for more nuttiness.”





# Caramel Bread Pudding

A perfect caramel bread pudding.



FLV Flavor	%	Grams	Drops
Butterscotch	1.00%	1.00	50
Caramel	1.25%	1.25	63
Cinnamon Crunch	2.50%	2.50	125
Cinnamon Roll	1.50%	1.50	75
Sweet Dough	1.00%	1.00	50
Lemonade	0.30%	0.30	15
Marshmallow	0.20%	0.20	10
Greek Yogurt	0.20%	0.20	10
Caramel	0.20%	0.20	10
VG	75.00%	94.58	75.00mL
PG	17.80%	18.39	17.80mL
Total Flavoring	7.25%		

## Age Notes

3 days – “Ready after only a few days due to how well Flavorah flavors work together.”

## Flavor Notes

“If you like bread pudding, you’ll love this one. A rich, sticky bread pudding doused in plenty of caramel sauce.”



# Chocolate Crunch Milk

Chocolate milk left-behind after a bowl of chocolate cereal puffs.



FLV Flavor	%	Grams	Drops
Milk Chocolate	0.20%	0.20	10
Milk	0.60%	0.60	30
Milk and Honey	0.30%	0.30	15
Cinnamon Crunch	0.40%	0.40	20
Marshmallow	0.30%	0.30	15
Butterscotch	0.13%	0.13	7
Greek Yogurt	0.13%	0.13	7
VG	98.00%	123.49	97.90mL
<b>Total Flavoring</b>	<b>2.07%</b>		

## Age Notes

3-4 days – Let this one age a few days.

## Flavor Notes

If you enjoy the classic chocolate balls of cereal, then you know that delicious chocolate milk left in the bottom of the bowl. Tastes just like you're tilting that cereal bowl up to your lips.



# Coco Puffz

Enjoy puffing on your favorite chocolate cereal.



FLV Flavor	%	Grams	Drops
Chocolate Deutsch	0.20%	0.20	10
Milk Chocolate	0.20%	0.20	10
White Chocolate	0.30%	0.30	15
Crunch Cereal	0.20%	0.20	10
Cinnamon Crunch	0.40%	0.40	20
Peanut Butter	0.40%	0.40	20
Marshmallow	0.53%	0.53	27
VG	98.00%	123.29	97.80mL
<b>Total Flavoring</b>	<b>2.23%</b>		

## Age Notes

5 days – Spot-on after 5 days.

## Flavor Notes

True-to-taste, just like the cereal. If you want it with milk, just add FLV Cream at 0.80%. Feel free to add some Sweetness if you feel it needs it (0.03-0.04%).



# DMC Blueberry Muffin Man

A blueberry muffin, man.



FLV Flavor	%	Grams	Drops
Blueberry	0.75%	0.75	38
Blueberry Muffin	2.75%	2.75	138
Boysenberry	0.25%	0.25	13
Cream	0.50%	0.50	25
Greek Yogurt	0.15%	0.15	8
Marshmallow	0.10%	0.10	5
VG	75.00%	94.58	75.00mL
PG	20.50%	21.24	20.50mL
<b>Total Flavoring</b>	<b>4.50%</b>		

## Age Notes

5 days – Good after 24 hours to mellow the harshness, better after a few days.

## Flavor Notes

“Just a delicious blueberry muffin.”



# Fried Bananas

Succulent, savory fried bananas.



FLV Flavor	%	Grams	Drops
Banana	0.20%	0.20	10
Honey Bee	0.07%	0.07	3
Lime	0.20%	0.20	10
Virginia Tobacco	0.13%	0.13	7
Marshmallow	0.40%	0.40	20
Caramel	0.20%	0.20	10
Butterscotch	0.20%	0.20	10
Cream	0.20%	0.20	10
VG	98.40%	124.08	98.40mL
<b>Total Flavoring</b>	<b>1.60%</b>		

## Age Notes

3-4 days – At least a few days, but a week or two doesn't hurt.

## Flavor Notes

“These fried bananas are true-to-life. Don't worry about the tobacco here, it is used more as a filler and booster for the fried elements, and it mellows with time. Once the banana plays nicely with the caramel, butterscotch, and cream, you're golden! Yummy till the bottle runs out!”

# Ginger Snaps in Cream

Ginger snaps dipped in cream.



FLV Flavor	%	Grams	Drops
Ginger Snap	0.20%	0.20	10
Marshmallow	0.20%	0.20	10
Cookie	0.20%	0.20	10
Custard	0.40%	0.40	20
Vanilla Custard	0.20%	0.20	10
Cantaloupe	0.13%	0.13	7
VG	98.70%	124.42	98.70mL
<b>Total Flavoring</b>	<b>1.33%</b>		

## Age Notes

5-7 days – Takes a few day for the cream sauce to soak into the cookies.

## Flavor Notes

“These ginger snaps are one of my current main vapes! Who ever heard of putting cantaloupe into a ginger snap? ME! It gives body and sweetens things up, holding the entire recipe together without being obnoxious. Do not skimp on this one! Custard and Vanilla Custard make a sweet custard cream to dip the ginger snaps in.”



# Gravity

A fruity fig cake cookie bar!



FLV Flavor	%	Grams	Drops
Apple Pop	0.25%	0.25	13
Cookie	0.25%	0.25	13
Ginger Snap	2.00%	2.00	100
Raisin Rum	0.25%	0.25	13
Sweet Fig	0.75%	0.75	38
VG	70.00%	88.27	70.00mL
PG	26.50%	27.45	26.50mL
<b>Total Flavoring</b>	<b>3.50%</b>		

## Age Notes

7 days – Give it a few days to age.

## Flavor Notes

Jammy, bready fig cookies. Raisin Rum and Apple Pop enhance the jammy sweet character of the Sweet Fig, and Cookie bolsters Ginger Snap to form the crumbly bready cookie.



# Little Fig, Little Fig

Baked figgy pudding.



FLV Flavor	%	Grams	Drops
Blueberry Muffin	4.00%	4.00	200
Cream	1.80%	1.80	90
Fig	3.00%	3.00	150
Frosting	1.60%	1.60	80
Marshmallow	1.40%	1.40	70
Vanilla Custard	2.50%	2.50	125
VG	85.70%	108.07	85.70mL
<b>Total Flavoring</b>	<b>14.30%</b>		

## Age Notes

14 days

## Flavor Notes

"I am addicted to this fig flavor. Very tobacco-esque to me. This is a simple mix where the fig shines through, sweet and just a bit creamy, with a full mouth feel."



# Milk and Coconut Honey Cookies

Toasted coconut cookie dipped in milk and drizzled with honey.



FLV Flavor	%	Grams	Drops
Biscotti	0.75%	0.75	38
Cupcake Batter	1.50%	1.50	75
Macaroon	1.50%	1.50	75
Milk	0.75%	0.75	38
Milk and Honey	1.50%	1.50	75
Sweet Coconut	2.00%	2.00	100
Sweetness	0.50%	0.50	25
VG	75.00%	94.58	75.00mL
PG	16.50%	17.09	16.50mL
<b>Total Flavoring</b>	<b>8.50%</b>		

## Age Notes

3 days – “Flavorah flavors seems to work so well together that this mix has fully aged after just 3 days. Amazing how good it was even right after mixing!”

## Flavor Notes

“A freshly made coconut-honey cookie meets a tall glass of milk.”



# Monkey Shines

A slightly boozy banana-toffee cookie.



FLV Flavor	%	Grams	Drops
Banana	0.60%	0.60	30
Cookie	0.60%	0.60	30
Toffee	0.60%	0.60	30
Marshmallow	0.60%	0.60	30
Bourbon	0.30%	0.30	15
VG	97.30%	122.70	97.30mL
<b>Total Flavoring</b>	<b>2.70%</b>		

## Age Notes

7-14 days – Needs a bit longer to age for best effect.

## Flavor Notes

“This is a rich blend with bananas layered onto a toffee cookie. These flavors present differently, sometimes individually but more often coming together as sweet banana cookies! The Kentucky Bourbon adds a mild touch of shine. You can also add 0.02% White Chocolate if you’d like it even richer.”



# Moose Pie

Delicious, rich dessert with banana pudding, caramel, and crumbly crust.



FLV Flavor	%	Grams	Drops
Caramel	0.07%	0.07	3
Banana	0.07%	0.07	3
Coffee	0.07%	0.07	3
Rich Cinnamon	0.07%	0.07	3
Cheesecake	0.07%	0.07	3
Cookie Dough	0.13%	0.13	7
Vanilla Pudding	0.30%	0.30	15
Greek Yogurt	0.13%	0.13	7
VG	99.10%	124.97	99.10mL
Total Flavoring	0.90%		

## Age Notes

3-4 days

## Flavor Notes

“Another favorite of mine that turned out just right. Yes the amounts are low, this is a light but rich blend. Please do not sub anything out, the recipe will not taste the same.”



# Muffberry

Oven-fresh true-to-life blueberry muffins, perfected.



FLV Flavor	%	Grams	Drops
Blueberry	0.25%	0.25	13
Blueberry Muffin	3.50%	3.50	175
Boysenberry	0.75%	0.75	38
Cupcake Batter	1.25%	1.25	63
Greek Yogurt	0.25%	0.25	13
Lembas Bread	2.00%	2.00	100
Vanilla Custard	1.00%	1.00	50
VG	80.00%	100.88	80.00mL
PG	11.00%	11.40	11.00mL
Total Flavoring	9.00%		

## Age Notes

2-4 days – Baked to moist perfection after 48 hours. This won't last a week!

## Flavor Notes

Blueberry Muffin delivers a slightly jammy muffin profile well – with some help. Blueberry provides top notes. Boysenberry boosts jam notes. Lembas Bread helps build a better muffin profile. Cupcake Batter adds a cake-like note. Greek Yogurt enhances dough flavor. Vanilla Custard brings it all together with an egg-y vanilla flavor. Add 0.25-0.50% Apple Filling for cinnamon-sugar streusel, but be cautious altering the carefully-balanced profile.



# Oatmeal Cream Cookie

Classic oatmeal-raisin creme sandwich cookie.



FLV Flavor	%	Grams	Drops
Marshmallow	0.67%	0.67	33
Cotton Candy	0.53%	0.53	27
Vanilla Custard	0.80%	0.80	40
Cream	0.40%	0.40	20
Macaroon	0.40%	0.40	20
Sweet Coconut	0.30%	0.30	15
Vanilla Pudding	0.40%	0.40	20
Oatmeal Raisin	0.80%	0.80	40
VG	95.70%	120.68	95.70mL
<b>Total Flavoring</b>	<b>4.30%</b>		

## Age Notes

3-7 days

## Flavor Notes

“Oatmeal raisin cookies are best dunked in milk, and this recipe tastes just like oatmeal cookies layered with creme. I hope you enjoy it as much as I have! Please, no subbing ingredients out, it just will not be the same.”



# Oatmeal Raisin Cookies

Traditional oatmeal-raisin cookies make a phenomenal vape!



FLV Flavor	%	Grams	Drops
Oatmeal Raisin	0.30%	0.30	15
Cookie	0.13%	0.13	7
Macaroon	0.30%	0.30	15
Marshmallow	0.30%	0.30	15
Cotton Candy	0.30%	0.30	15
Cream	0.20%	0.20	10
Vanilla Pudding	0.20%	0.20	10
Sweet Coconut	0.20%	0.20	10
VG	98.10%	123.67	98.10mL
<b>Total Flavoring</b>	<b>1.93%</b>		

## Age Notes

3-7 days – Not responsible for bottles finished before they’ve even aged!

## Flavor Notes

“This is the perfect oatmeal raisin cookie. I doubt I could make it any better than this! Do not be surprised at people following you around, looking for the cookies.”



# PB Cookie Dough

Peanut butter cookie dough.



FLV Flavor	%	Grams	Drops
Cookie Dough	0.80%	0.8	40
Peanut Butter	0.60%	0.6	30
Milk and Honey	0.60%	0.6	30
Frosting	0.40%	0.4	20
Caramel	0.40%	0.4	20
Greek Yogurt	0.20%	0.2	10
VG	97.00%	122.32	97.00mL
<b>Total Flavoring</b>	<b>3.00%</b>		

## Age Notes

3-21 days – Keeps improving after 3 days.

## Flavor Notes

“The trick to making the best dough is the Greek Yogurt – it adds a sweet tanginess to the mix which completes the dough. You can add in 0.60% of White Chocolate or Milk Chocolate, or even 0.50% Coconut, to build on top of this profile.”



# Raspberry Barrett

Raspberry cheesecake topped with mixed berry compote.



FLV Flavor	%	Grams	Drops
Red Raspberry	0.53%	0.53	27
Berry Blend	0.20%	0.20	10
Cheesecake	0.53%	0.53	27
Cookie	0.30%	0.30	15
Marshmallow	0.30%	0.30	15
Caramel	0.30%	0.30	15
Greek Yogurt	0.30%	0.30	15
VG	97.50%	122.99	97.50mL
<b>Total Flavoring</b>	<b>2.47%</b>		

## Age Notes

4 days

## Flavor Notes

“The best raspberry cheesecake with berries. This recipe is good for the dessert lover who wants their cheesecake, without the calories!”



# Samoa Girl

Coconut macaroons drizzled with chocolate and coconut shavings.



FLV Flavor	%	Grams	Drops
Butterscotch	0.30%	0.30	15
Macaroon	0.60%	0.60	30
Coconut	0.30%	0.30	15
Milk and Honey	0.30%	0.30	15
White Chocolate	0.30%	0.30	15
Lime Wedge	0.07%	0.07	3
Milk Chocolate	0.07%	0.07	3
Marshmallow	0.30%	0.30	15
Greek Yogurt	0.13%	0.13	7
VG	97.50%	122.97	97.50mL
Total Flavoring	2.48%		

## Age Notes

3-4 days – Good after a few days but best after a couple weeks.

## Flavor Notes

“Rich yet light coconut macaroons with hints of butterscotch and chocolate. Trust me, you need this one in your life!”

# Silly Wabbit

Fruity cereal flavor!



FLV Flavor	%	Grams	Drops
Crunch Cereal	0.25%	0.25	13
Sweetness	0.25%	0.25	13
Tricks Cereal	1.50%	1.50	75
VG	70.00%	88.27	70.00mL
PG	28.00%	29.01	28.00mL
Total Flavoring		2.00%	

## Age Notes

1 day – Shake and vape. Sweetness will get sweeter during the first week, so if you would like to wait, go ahead.

## Flavor Notes

Ever had one of those days where you just wanted to take a box of cereal to the couch and dig in?! Here is your chance! A simple cereal vape that tastes amazing! If you want cereal and milk, add Cream or Milk. If you are looking for a breakfast yogurt, just add some Greek Yogurt. The choices are endless, including cheesecakes, cannolis, ice creams, milkshakes, cakes, anything you want.



# Tropical Donut Batter

A glazed donut topped with fruity cereal.



FLV Flavor	%	Grams	Drops
Tricks Cereal	0.40%	0.40	20
Cookie	0.20%	0.20	10
Sweet Dough	0.40%	0.40	20
Sweet Coconut	0.20%	0.20	10
Pound Cake	0.30%	0.30	15
Cream	0.20%	0.20	10
Cheesecake	0.20%	0.20	10
Greek Yogurt	0.20%	0.20	10
VG	97.50%	122.96	97.50mL
<b>Total Flavoring</b>	<b>2.49%</b>		

## Age Notes

3-5 days – If you can let this sit longer, the doughy bits do come out more.

## Flavor Notes

“Greek Yogurt seems to make batter just pop out like it’s really the doughy touch the sweet dough needs! Tricks Cereal makes up the best part of the icing (made with the Cheesecake and Coconut) while the donut is supported by Sweet Dough and Pound Cake.”



# Twinkii Batter

Twinkii batter and cream filling.



FLV Flavor	%	Grams	Drops
Pound Cake	0.60%	0.60	30
Cupcake Batter	0.30%	0.30	15
Sweet Dough	0.30%	0.30	15
Cookie	0.30%	0.30	15
Vanilla Custard	0.60%	0.60	30
VG	97.00%	122.32	97.00mL
<b>Total Flavoring</b>	<b>3.00%</b>		

## Age Notes

3-4 days – Bet it wont last the week!

## Flavor Notes

Batter up! This is the secret recipe the factory has been hiding.



# Vanilla Oreo

Golden chocolate and frosting layers in vape form!



FLV Flavor	%	Grams	Drops
Cheesecake	0.40%	0.40	20
Cookie	0.30%	0.30	15
Frosting	0.20%	0.20	10
Milk and Honey	0.40%	0.40	20
Sweetness	0.30%	0.30	15
Cream	0.30%	0.30	15
Spearmint	0.07%	0.07	3
Greek Yogurt	0.13%	0.13	7
VG	97.90%	123.45	97.90mL
<b>Total Flavoring</b>	<b>2.10%</b>		

## Age Notes

7 days – Little longer steep for the flavors to meld.

## Flavor Notes

The secret to this is the Spearmint – don't sub it out. The Milk and Honey softens up the cookie, and the Greek Yogurt gives a bit more realism.



# You're Not My Supervisor!

Honey-nut graham cereal with sliced bananas.



FLV Flavor	%	Grams	Drops
Banana	0.67%	0.67	34
Cinnamon Crunch	1.75%	1.75	88
Cream	1.25%	1.25	63
Graham Cracker	2.00%	2.00	100
Marshmallow	0.75%	0.75	38
Milk and Honey	1.25%	1.25	63
Peanut Butter	0.33%	0.33	17
VG	80.00%	100.88	80.00mL
PG	12.00%	12.43	12.00mL
Total Flavoring	8.00%		

## Age Notes

2-5 days – The Banana mellows over the first week aging.

## Flavor Notes

A bowl of honey-nut graham cereal in milk and topped with sliced bananas. Graham Cracker and Cinnamon Crunch provide the cereal component. Peanut Butter adds a nutty accent and boosts realism. Marshmallow alongside Milk and Honey sweetens and softens as it soaks with milky Cream. Add in toppings, such as Honey Bee (0.10%) for honey drizzle or Macaroon (0.75%) for toasted coconut shavings.

# Drink Recipes

# After Dinner Drinks

Creme de Menthes are the ideal after-dinner choice.



FLV Flavor	%	Grams	Drops
Creme de Menthe	0.20%	0.20	10
Sweet Coconut	0.07%	0.07	3
Bourbon	0.03%	0.03	2
Marshmallow	0.10%	0.10	5
VG	99.60%	125.60	99.60mL
Total Flavoring	0.40%		

## Age Notes

3-5 days

## Flavor Notes

“Creme de Menthes, mixed just like my grandmother used to make them for us.”



# Beirut Biru

Sparkling, sweet root beer refreshment.



FLV Flavor	%	Grams	Drops
Root Beer	5.00%	5.00	250
Vanilla Bean	1.25%	1.25	63
Smooth Vanilla	0.10%	0.10	5
Cream	1.00%	1.00	50
Sweetness	0.75%	0.75	38
Cool Menthol	0.20%	0.20	10
VG	80.00%	100.88	80.00mL
PG	11.70%	12.12	11.70mL
<b>Total Flavoring</b>	<b>8.30%</b>		

## Age Notes

1-3 days – Good after 24 hours, but really comes together after a few days.

## Flavor Notes

Root Beer is a tough flavor profile to nail, but this is closest on the market. Add Vanilla Bean and Cream for a creamy body and anchor. Smooth Vanilla provides lighter, sharper vanilla notes. Sweetness is always optional, but for a soda it helps sweeten and moisten the mix. Cool Menthol is used sparingly for that ice-cold refreshing drink effect. Sub Ice at 1.00% if you prefer over Cool Menthol. Up the vanillas and cream to yield a great Root Beer float.



# Caramel Banana Macchiato

Caramel macchiato gone bananas!



FLV Flavor	%	Grams	Drops
Banana	0.60%	0.60	30
Caramel	0.60%	0.60	30
Cream	2.00%	2.00	100
Mocha	1.60%	1.60	80
Vanilla Custard	0.80%	0.80	40
VG	75.00%	94.58	75.00mL
PG	19.40%	20.10	19.40mL
Total Flavoring	5.60%		

## Age Notes

7 days – The banana continues to mellow with time.

## Flavor Notes

“A very subtle banana mocha inhale with a creamy caramel exhale.”

# Chiquita Chunk Smoothie

Banana-pineapple smoothie.



FLV Flavor	%	Grams	Drops
Banana	1.50%	1.50	75
Milk	1.00%	1.00	50
Pineapple	0.75%	0.75	38
VG	75.00%	94.58	75.00mL
PG	21.80%	22.53	21.80mL
Total Flavoring		3.25%	

## Age Notes

3 days

## Flavor Notes

“Simple recipe but great flavor. Milk adds just enough creaminess to support the fruits.”



# Coconut Lime

Lime and coconut together at last!



FLV Flavor	%	Grams	Drops
Coconut	0.30%	0.30	15
Sweet Coconut	0.20%	0.20	10
Lime Wedge	0.20%	0.20	10
Lime	0.07%	0.07	3
Marshmallow	0.30%	0.30	15
VG	98.90%	124.75	98.90mL
Total Flavoring		1.07%	

## Age Notes

1 day

## Flavor Notes

“You put the lime in the coconut, and you get the base for most tropical drinks. Add Pineapple for a pina colada, Mango or any other fruits you like!”

# DaMomma's Cool Cream

Lime, mint, and cream.



FLV Flavor	%	Grams	Drops
Cool Menthol	0.50%	0.50	25
Cream	4.00%	4.00	200
Lime	0.50%	0.50	25
Spearmint	1.00%	1.00	50
VG	94.00%	118.53	94.00mL
Total Flavoring	6.00%		

## Age Notes

1 day – Summertime shake and vape!

## Flavor Notes

“Nothing is more refreshing than zesty Limes, set off by a sprig of fresh Spearmint, swirled in Cream.”



# Ecto Cooler

The classic fruit juice-flavored drink in citrus flavor!



FLV Flavor	%	Grams	Drops
Lemonade	0.40%	0.40	20
Lime Wedge	0.30%	0.30	15
Tangerine	0.60%	0.60	30
Cotton Candy	0.60%	0.60	30
Pineapple	0.20%	0.20	10
VG	97.90%	123.45	97.90mL
<b>Total Flavoring</b>	<b>2.10%</b>		

## Age Notes

2-3 days

## Flavor Notes

“Tangerine is the star here, with Lemonade and Lime Wedge supporting and rounding it out. Cotton Candy sweetens the mix, though you can add 0.20-0.30% Sweetness if you like, and the Pineapple just makes the fruity punch flavor pop!”



# Frozen In Paradise

Create your own blended mixed drink.



FLV Flavor	%	Grams	Drops
Pineapple	0.53%	0.53	27
Blood Orange	0.40%	0.40	20
Brie Cheese	0.40%	0.40	20
Cream	0.20%	0.20	10
Cheesecake	0.80%	0.80	40
Sweet Coconut	0.30%	0.30	15
Vanilla Pudding	0.40%	0.40	20
VG	97.00%	122.28	97.00mL
<b>Total Flavoring</b>	<b>3.03%</b>		

## Age Notes

3 days

## Flavor Notes

“An unusual recipe, which could pass for Ambrosia. Add what you have on hand to make this your own! Any fruit, especially Rainier Cherry, Macaroon (for the almond), Coconut, or maybe some Kentucky Bourbon for kick! Add 0.20% Cool Menthol to chill it with ice.”



# Ginger Beer

An old classic, now in vapor form!



FLV Flavor	%	Grams	Drops
Caramel	0.50%	0.50	25
Ginger	0.40%	0.40	20
Lime	0.33%	0.33	17
Root Beer	2.25%	2.25	113
Vanilla Bean	1.50%	1.50	75
VG	70.00%	88.27	70.00mL
PG	25.00%	25.92	25.00mL
Total Flavoring	4.98%		

## Age Notes

3 days

## Flavor Notes

Root Beer nails the top notes perfectly – an ideal blend of wintergreen, anise, and hints of sarsaparilla. Vanilla Bean provides a soft vanilla overtone and shows up just enough to keep the Root Beer authentic. Caramel adds a dark, syrupy sweetness. Lime was added to balance the Caramel, brighten up the back end, and give it that soda finish. Last but not least, Ginger provides the central note in this mix, creating the Ginger Beer we’ve all been looking for.



# Hippy Tea

Cool, refreshing fruity iced tea.



FLV Flavor	%	Grams	Drops
Lemon Tea	0.80%	0.80	40
Ginger Peach	0.67%	0.67	33
Sweet Coconut	0.40%	0.40	20
Red Raspberry	0.40%	0.40	20
Sweetness	0.40%	0.40	20
Cool Menthol	0.40%	0.40	20
VG	96.90%	122.23	96.90mL
Total Flavoring	3.07%		

## Age Notes

3 days – Keeps blending and improving after the initial few days.

## Flavor Notes

“Lemon Tea blends really well with Ginger Peach to produce an intriguing tea flavor base. Sweet Coconut adds a coconut milk creaminess, and the Red Raspberry provides a sharp fruity contrast.”



# Immortalized

A sweet, fruity drink with a kick.



FLV Flavor	%	Grams	Drops
Pear	0.30%	0.30	15
Mango	0.07%	0.07	3
Cantaloupe	0.07%	0.07	3
Marshmallow	0.20%	0.20	10
Caramel	0.07%	0.07	3
Bourbon	0.07%	0.07	3
VG	99.20%	125.13	99.20mL
<b>Total Flavoring</b>	<b>0.77%</b>		

## Age Notes

3-4 days

## Flavor Notes

“Another fruity mixed drink I enjoy on the porch. Add in 0.20% Cool Menthol to put it on the rocks.”



# Jungle Juice

Coconuts, strawberries, and lime swirled together in this mix.



FLV Flavor	%	Grams	Drops
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Alpine Strawberry	0.13%	0.13	7
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Coconut	0.20%	0.20	10
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Sweet Coconut	0.40%	0.40	20
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Milk and Honey	0.30%	0.30	15
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Lime Wedge	0.20%	0.20	10
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Marshmallow	0.80%	0.80	40
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Cotton Candy	0.80%	0.80	40
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VG	97.20%	122.53	97.20mL
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Total Flavoring	2.83%		
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## Age Notes

3 days

## Flavor Notes

“Super sweet coconut strawberries, with a splash of lime, and Milk and Honey to smooth it out. I like to add in a touch of mint to set this off for that cool drink taste, along with a bit of Lemon Tea and a drop of Kentucky Bourbon.”





# Lick This Mix

Citrusy fruity punch.



FLV Flavor	%	Grams	Drops
Lemonade	0.40%	0.40	20
Lime Wedge	2.00%	2.00	100
Blood Orange	0.30%	0.30	15
Kiwi	0.13%	0.13	7
Pineapple	0.07%	0.07	3
Strawberry	0.60%	0.60	30
Sweetness	0.30%	0.30	15
VG	96.20%	121.31	96.20mL
<b>Total Flavoring</b>	<b>3.80%</b>		

## Age Notes

1 day

## Flavor Notes

“Another fruit punch mix with a focus on tart citrus flavor with exotic fruit accents.”



# Luxurious Lemonade

Lemonade with an exotic twist.



FLV Flavor	%	Grams	Drops
Blood Orange	1.50%	1.50	75
Cherimoya	1.00%	1.00	50
Ice	1.00%	1.00	50
Lemonade	2.00%	2.00	100
Soursop	1.00%	1.00	50
VG	93.50%	117.90	93.50mL
Total Flavoring	6.50%		

## Age Notes

1 day – Initially this mix has an equal balance of fruit and coolness. After 3+ weeks, the Ice in the mix totally overpowers.

## Flavor Notes

“Exotic lemonade with a cooling taste. Enjoy an icy glass of sweet, fruity lemonade in the summer heat.”



# Morning Coffee

Rich cup of joe with caramel and cinnamon.



FLV Flavor	%	Grams	Drops
Coffee	0.13%	0.13	7
Peanut Butter	0.07%	0.07	3
Rich Cinnamon	0.07%	0.07	3
Cream	0.40%	0.40	20
Caramel	0.20%	0.20	10
Sweetness	0.13%	0.13	7
VG	99.00%	124.84	99.00mL
<b>Total Flavoring</b>	<b>1.00%</b>		

## Age Notes

3 days

## Flavor Notes

“Morning Coffee, just the way I like it. Rich Cinnamon really makes this drink, bringing out all the notes in Coffee that make it a high-class wake-up juice. Peanut Butter is used here to smooth out these flavors. For more Caramel, you can swap its percentage with Cream.”

# Palm Life Punch

Tropical passionfruit punch.



FLV Flavor	%	Grams	Drops
Passion Fruit	1.00%	1.00	50
Sweetness	0.25%	0.25	13
Tropical Citrus	1.00%	1.00	50
Tropical Punch	2.00%	2.00	100
VG	75.00%	94.58	75.00mL
PG	20.80%	21.50	20.80mL
Total Flavoring		4.25%	

## Age Notes

3 days

## Flavor Notes

“Juicy Passion Fruit blends well with Tropical Punch and Tropical Citrus to make a light breezy punch.”



# Papaya Limeade

Papaya-infused limeade.



FLV Flavor	%	Grams	Drops
Lemonade	3.00%	3.00	150
Lime	0.40%	0.40	20
Lime Wedge	0.25%	0.25	13
Papaya Punch	0.75%	0.75	38
Sweetness	0.25%	0.25	13
VG	75.00%	94.58	75.00mL
PG	20.40%	21.08	20.40mL
<b>Total Flavoring</b>	<b>4.65%</b>		

## Age Notes

3 days – Probably a shake and vape but wasn't tested until after 3 days.

## Flavor Notes

“This is a very good straight forward papaya limeade. Great when you need a refreshing summer vape.”



# Pumpkin Horchata Milkshake

A pumpkin-spiced horchata milkshake.



FLV Flavor	%	Grams	Drops
Coconut	0.20%	0.20	10
Frosting	0.75%	0.75	38
Graham Cracker	2.00%	2.00	100
Horchata	1.00%	1.00	50
Milk	0.75%	0.75	38
Pumpkin Spice	1.25%	1.25	63
Sweet Cream	0.75%	0.75	38
Vanilla Bean	1.50%	1.50	75
VG	75.00%	94.58	75.00mL
PG	16.80%	17.40	16.80mL
Total Flavoring	8.20%		

## Age Notes

2 weeks – Give this a couple weeks.

## Flavor Notes

“This horchata milkshake is blended with coconut milk and pumpkin spice.”



# Punch It Up!

An exotic fruit punch like no other.



## FLV Flavor

%

Grams

Drops

Tropical Punch

1.50%

1.50

75

Papaya Punch

1.00%

1.00

50

Passion Fruit

1.00%

1.00

50

Mango

1.00%

1.00

50

Kiwi

1.00%

1.00

50

VG

94.50%

119.16

94.50mL

Total Flavoring

5.50%

## Age Notes

1 day – This one doesn't need much aging, it's basically a shake and vape.

## Flavor Notes

“This is a bold recipe. There are creamy, sweet, and tart layers of Peach, Pineapple, and various other fruity notes. Don't let the smell of these tropical flavors fool you. They are all very concentrated and pack a punch.”





# Tropic Twang

Guanabana, pineapple, and coconut yogurt smoothie.



FLV Flavor	%	Grams	Drops
Coconut	0.15%	0.15	8
Cream	0.75%	0.75	38
Greek Yogurt	1.00%	1.00	50
Guanabana	3.00%	3.00	150
Pineapple	0.50%	0.50	25
Soursop	0.50%	0.50	25
Sweetness	0.50%	0.50	25
VG	70.00%	88.27	70.00mL
PG	23.60%	24.45	23.60mL
Total Flavoring	6.40%		

## Age Notes

7 days – Blends well after 7 days, softening and allowing the fruits to shine with a creamy exhale. Gets sweeter the longer it steeps.

## Flavor Notes

Pineapple and creamy Coconut are strong. Guanabana is used high to cut through the cream and yogurt, but remains subtle and blends well, with a profile best described as cross of mango and pineapple with a hint of banana cream. Soursop is similar, but with hints of musk and coconut. Cream helps soften the Greek Yogurt. Sweetness adds a sweet note without gunking coils. Add 0.50% Ice to cool off this warm yogurt smoothie.



# Virgin Bahama Tropix

Fruity tropical drink, sans the alcohol.



FLV Flavor	%	Grams	Drops
Pineapple	0.40%	0.40	20
Blood Orange	0.30%	0.30	15
Coconut	0.60%	0.60	30
Ginger Peach	0.30%	0.30	15
Lime Wedge	0.13%	0.13	7
VG	98.30%	123.92	98.30mL
Total Flavoring		1.73%	

## Age Notes

1 day

## Flavor Notes

“After getting to know these fruit flavors individually, I put them together in an old recipe I always enjoyed at the beach. If you want to spike this, a bit of Kentucky Bourbon will do nicely – just don’t overdo it. A drop or two of Cool Menthol works if you want it chilled.”

# Tobacco Recipes



# Acadian Black

A Perique black tobacco blend, or as close as I could get.



FLV Flavor	%	Grams	Drops
Heat	0.10%	0.10	5
Kentucky Blend	1.00%	1.00	50
Native Tobacco	0.70%	0.70	35
Oriental Tobacco	0.75%	0.75	38
Red Burley	2.00%	2.00	100
Wood Spice	0.50%	0.50	25
Arabian Tobacco*	0.40%	0.40	20
VG	60.00%	75.66	60.00mL
PG	34.60%	35.79	34.60mL
Total Flavoring	5.45%		

\*optional flavor

## Age Notes

7 days – Good as a shake and vape, it gets way better and complex as it steeps.

## Flavor Notes

Created from a love for deep, complex Perique Tobaccos, this mix is dark, spicy, nutty, and has slight hints of fruit. Arabian Tobacco is optional, but recommended as it adds brings the recipe closer to “true” via spice and the darker fruit/raisin notes. Drop Kentucky Blend to 0.50% and increase Native Tobacco by the same amount for less ash. Add 0.20% Lovage Root for more of a musty “pipe” version. Heat can easily become too hot to vape, so just beware.

# Andy's Bac!

Cool and creamy chocolate mint tobacco!



FLV Flavor	%	Grams	Drops
Creme de Menthe	0.40%	0.40	20
Kentucky Blend	0.40%	0.40	20
Milk Chocolate	0.20%	0.20	10
Red Burley	0.20%	0.20	10
Tatanka Tobacco	1.00%	1.00	50
Wood Spice	0.40%	0.40	20
VG	65.00%	81.97	65.00mL
PG	32.40%	33.57	32.40mL
<b>Total Flavoring</b>	<b>2.60%</b>		

## Age Notes

3 days

## Flavor Notes

“My spin on an Andes Mint tobacco. The chocolate is noticeable after you taste the Creme de Menthe. Chocolate melds with the tobaccos, which are all slightly darker. The Wood Spice was combined with Chocolate in hopes of getting a smoky/woody feel to it, instead of a nutty feel.”



# Anti-Gravity

Dark bready figgy tobacco.



FLV Flavor	%	Grams	Drops
Apple Pop	0.25%	0.25	13
Cookie	0.25%	0.25	13
Fig	0.50%	0.50	25
Ginger Snap	1.00%	1.00	50
Kentucky Blend	2.00%	2.00	100
Raisin Rum	0.25%	0.25	13
VG	60.00%	75.66	60.00mL
PG	35.80%	37.04	35.80mL
Total Flavoring	4.25%		

## Age Notes

2 weeks – Steep time is mostly dictated by the tobacco. It works well after an overnight, and starts to fade out a bit on day 3, and comes back around after 2 weeks.

## Flavor Notes

An aggressive dark, bready tobacco with a fruity fig finish. Non-aromatic Kentucky Blend was used here, but feel free to play with other non-aromatics. If there's anything too close to an ammonia flavor in there, it's going to push Fig into some weird off notes. Doesn't seem to work particularly well with Oriental/Turkish/herbal tobaccos. Cured felt a little lighter worked alright too.



# Applebacco Karma

A caramel apple dessert tobacco.



FLV Flavor	%	Grams	Drops
Butterscotch	0.75%	0.75	38
Kentucky Blend	1.50%	1.50	75
Red Burley	1.00%	1.00	50
Apple	1.00%	1.00	50
Apple Filling	1.00%	1.00	50
Rich Cinnamon	0.20%	0.20	10
VG	80.00%	100.88	80.00mL
PG	14.60%	15.07	14.60mL
Total Flavoring	5.45%		

## Age Notes

3-4 days – Can be enjoyed right away but everything is better after 48 hours or so.

## Flavor Notes

“Caramel-dipped cinnamon apples combined with a creamy, cinnamon-spiced tobacco base – a profile that can satisfy dessert lovers and tobacco purists alike. Apple Filling lends a dense, baked apple flavor to Apple, ensuring the fruity notes don’t stand apart from the rest of the mix. Rich Cinnamon accents the baked cinnamon apples and spices up the tobacco blend as well.”

# Arabian's Night

Simple pure tobacco profile.



FLV Flavor	%	Grams	Drops
Arabian Tobacco	0.20%	0.20	10
Connecticut Shade	0.80%	0.80	40
Lovage Root	0.25%	0.25	13
Oriental Tobacco	1.75%	1.75	88
VG	60.00%	75.66	60.00mL
PG	37.10%	38.38	37.10mL
Total Flavoring	2.95%		

## Age Notes

1-3 days

## Flavor Notes

“Great example of what FLV tobaccos can do together. Complex, authentic, and strong.”



# Armenia Warmth

Warm, smoked apricot tobacco.



FLV Flavor	%	Grams	Drops
Apricot	0.60%	0.60	30
Cured Tobacco	0.50%	0.50	25
Heat	0.09%	0.09	5
Native Tobacco	2.00%	2.00	100
Oriental Tobacco	1.25%	1.25	63
Smoked Butterscotch	0.45%	0.45	23
VG	95.10%	119.93	95.10mL
<b>Total Flavoring</b>	<b>4.89%</b>		

## Age Notes

4-7 days

## Flavor Notes

A tobacco that exudes warmth, with a sweet and savory flavor. Apricot adds a subtle, balanced fruit flavor with a warm, jammy note. Heat offers a nice warming, slightly spice-like sensation, but cut down and add in later if you're nervous. Smoked Butterscotch adds warm smoke note, sweet depth, and a bit of savory. Native is slightly sweet with honey and spice notes. Oriental is bright with a light woody scent, but not harsh or ashy. Cured ties it together, and remains smooth. Add Milk and Honey for a brilliant touch.



# Buffalo Burlington

N/A



FLV Flavor	%	Grams	Drops
Caramel	0.50%	0.50	25
Cured Tobacco	1.00%	1.00	50
Red Burley	2.00%	2.00	100
Smore	0.80%	0.80	40
Tatanka Tobacco	1.20%	1.20	60
Toffee	1.00%	1.00	50
VG	60.00%	75.66	60.00mL
PG	33.50%	34.71	33.50mL
<b>Total Flavoring</b>	<b>6.50%</b>		

## Age Notes

7 days

## Flavor Notes

Red Burley and Cured seem to perfectly complement each other. While Red Burley makes Cured more exciting and authentic, Cured moderates Red Burley's nuttiness. Tatanka adds depth and richness – it's dessert characteristics blend the tobaccos into the dessert accent flavors. Smore brings a creamy texture, along with hints of toasted marshmallow and dark chocolate. Toffee and Caramel are both used to add a complex, rich, brown-sugar sweetness to the tobacco profile.

# ButteRY4

Caramel-butterscotch vanilla cream tobacco.



FLV Flavor	%	Grams	Drops
Butterscotch	0.30%	0.30	15
Caramel	0.28%	0.28	14
Tatanka Tobacco	0.45%	0.45	23
Vanilla Pudding	0.37%	0.37	19
VG	75.00%	94.58	75.00mL
PG	23.60%	24.45	23.60mL
Total Flavoring	1.40%		

## Age Notes

3 days

## Flavor Notes

Super rich, butterscotch-caramel heavy tobacco with a creamy vanilla finish. If you're a fan of RY4 style vapes, this is sweet and creamy, but still has deep, rich tobacco notes throughout. Tatanka Tobacco has a smooth, rich, leafy tobacco note with a coffee back notes. This flavor is enhanced by the addition of extra caramel and smooth creamy vanilla notes. The Butterscotch is a brighter note that works well with the coffee-rich back notes.

# Creamy Cigarette

Creamy tobacco with kick.



FLV Flavor	%	Grams	Drops
Classic Cigarette	1.00%	1.00	50
Cream	0.30%	0.30	15
Red Burley	1.25%	1.25	63
Smooth Vanilla	0.50%	0.50	25
Wood Spice	0.20%	0.20	10
VG	85.00%	107.19	80.00mL
PG	11.80%	12.17	11.80mL
Total Flavoring	3.25%		

## Age Notes

2 weeks

## Flavor Notes

“This one came from me wanting a true tobacco feel with a kick and Classic Cigarette and Wood Spice definitely brings this to the table for a different type of tobacco vape. Cream and Smooth Vanilla give me the slight creamy notes I wanted in this mix. Red Burley was added for texture to the final mixture.”

# Dark

Rum-soaked raisin and fig, dried and layered into a bright and aromatic spiced Turkish blend.



FLV Flavor	%	Grams	Drops
Native Tobacco	0.20%	0.20	10
Raisin Rum	0.40%	0.40	20
Sweet Fig	0.60%	0.60	30
Turkish Tobacco	1.00%	1.00	50
VG	65.00%	81.97	65.00mL
PG	32.80%	33.98	32.80mL
Total Flavoring	2.20%		

## Age Notes

5 days

## Flavor Notes

Turkish and Native are similar in taste with slight differences. Both are a bit spicy, but Turkish is has a creaminess whereas Native has hints of honey. Due to this spice, darker/woody flavors would mix well, hence Sweet Fig and Raisin Rum. Raisin Rum is more rummy than raisin. Sweet Fig provides more texture and definition to the raisin notes. The fig itself comes out most towards the end of the exhale. It all melds extremely well, and becomes a great tobacco vape.

# KY's Melon Bourbon Tobacco

Bourbon tobacco with melon accents.



FLV Flavor	%	Grams	Drops
Bourbon	0.30%	0.30	15
Kentucky Blend	1.00%	1.00	50
Virginia Tobacco	1.25%	1.25	63
Wild Melon	1.00%	1.00	50
VG	85.00%	107.19	80.00mL
PG	11.50%	11.86	11.50mL
Total Flavoring	3.55%		

## Age Notes

2 weeks

## Flavor Notes

“Wild Melon is a key player in this, alongside Bourbon, which is a strong profile, so I reduced it to 0.50% so it doesn’t overpower the mix. Virginia Tobacco is a background flavor for mild and earthy notes to give support to Kentucky Blend, which brings full body tobacco and some ash to the mix. Overall I believe this is an interesting mix.”



# Lucky Jbird

A rich nutty tobacco.



## FLV Flavor

%

Grams

Drops

Beer Nuts

0.30%

0.30

15

Caramel

1.00%

1.00

50

Connecticut Shade

1.00%

1.00

50

Cured Tobacco

0.75%

0.75

38

Red Burley

0.75%

0.75

38

Smooth Vanilla

0.50%

0.50

25

VG

85.00%

107.19

80.00mL

PG

10.70%

11.09

10.70mL

Total Flavoring

4.30%

## Age Notes

3 weeks

## Flavor Notes

“Beer Nuts is a rich mixed nut profile that perfectly complements the nuttiness of Red Burley, while Connecticut Shade and Cured Tobacco complete the multi-layered tobacco. Caramel sweetens things up and the slightly burnt sugar taste supports the dark coffee notes in Connecticut Shade. Smooth Vanilla is very strong and may need to be reduced a bit.”





# Nilla Creme Cigar Supreme

A decadent, vanilla cream-infused cigar.



## FLV Flavor

%

Grams

Drops

Red Burley

1.50%

1.50

75

Cured Tobacco

1.50%

1.50

75

Connecticut Shade

0.50%

0.50

25

Vanilla Pudding

3.00%

3.00

150

Vanilla Bean

0.50%

0.50

25

Milk and Honey

1.00%

1.00

50

Smoked Butterscotch

1.00%

1.00

50

VG

80.00%

100.88

80.00mL

PG

11.00%

11.40

11.00mL

Total Flavoring

9.00%

## Age Notes

1 week – Give it time to let the cream layers blend and settle, they find balance with the bold tobacco notes after a week or so.

## Flavor Notes

“The design for this cigar was based on lessons from Fear and Kopel’s approach to FLV tobaccos, using Connecticut Shade as a leaf wrapper and filling it with a blend of Cured and Red Burley for a classic, rich cigar. The Vanillas anchor the profile, giving it depth and body and the Smoked Butterscotch makes for a perfect finishing touch.”





# Pacifica

A white chocolate mint tobacco, reminiscent of an unlit Marlboro Smooth.



FLV Flavor	%	Grams	Drops
Red Burley	2.00%	2.00	100
Cured Tobacco	2.00%	2.00	100
White Chocolate	1.50%	1.50	75
Creme de Menthe	3.00%	3.00	150
Spearmint	1.00%	1.00	50
Lovage Root	0.25%	0.25	13
VG	80.00%	100.88	80.00mL
PG	10.30%	10.62	10.30mL
Total Flavoring	9.75%		

## Age Notes

2-5 days – Can enjoy right away, but is better after 48 hours or so.

## Flavor Notes

Creme de Menthe is critical here, nothing else can replicate the silky-smooth mouth-feel it lends the vapor, supported by White Chocolate. Spearmint provides a mild, flavorful minty note, opposed to using straight menthol. Lovage Root adds moisture and brings a sensation of a cool, foggy Pacific Northwest morning. Bump up the Spearmint or add 0.25% Cool Menthol to make into a menthol vape.



# Prapple Bacco

A rich apple praline dessert tobacco.



FLV Flavor	%	Grams	Drops
Granny Smith	1.00%	1.00	50
Pralines	0.75%	0.75	38
Red Burley	1.60%	1.60	80
Sweet Cigarette	0.80%	0.80	40
Toffee	0.80%	0.80	40
Turkish Tobacco	1.00%	1.00	50
VG	60.00%	75.66	60.00mL
PG	34.10%	35.28	34.10mL
<b>Total Flavoring</b>	<b>5.95%</b>		

## Age Notes

5 days – “I really like FLV Tobaccos fresh, not that they fade away but on Shake and Vape they have a very strong, rich and sometimes almost overwhelming presence that I enjoy. Really comes together about day 5.”

## Flavor Notes

“A rich apple praline dessert tobacco.”



# Saria

A tobacco modeled after a flavored Syrian cigar I once had.



FLV Flavor	%	Grams	Drops
Clove	0.30%	0.30	15
Connecticut Shade	0.80%	0.80	40
Native Tobacco	2.00%	2.00	100
Pumpkin Spice	0.70%	0.70	35
Turkish Tobacco	1.50%	1.50	75
Wood Spice	0.50%	0.50	25
VG	70.00%	88.27	70.00mL
PG	24.20%	25.07	24.20mL
Total Flavoring	5.80%		

## Age Notes

3 days

## Flavor Notes

The spicy edge from Native and Turkish start this off. Turkish brings in the Eastern influence, Native darkens it up and lends a cigarish edge to the mix. Turkish and Native can both get a bit dark, but are not super complex on their own, which is where Connecticut Shade comes in. It brightens and adds nuanced depth. Wood Spice adds a woody spiced tone, and Pumpkin Spice is a great blend for a lot of reasons. Clove rounds things off.



# The Back Notes

A sophisticated cigar blend with a complex array of supporting notes.



FLV Flavor	%	Grams	Drops
Biscotti	0.25%	0.25	13
Butterscotch	0.75%	0.75	38
Caramel	0.50%	0.50	25
Connecticut Shade	0.25%	0.25	13
Milk and Honey	1.00%	1.00	50
Mocha	0.75%	0.75	38
Oriental Tobacco	1.00%	1.00	50
Red Burley	2.00%	2.00	100
VG	75.00%	94.58	75.00mL
PG	18.50%	20.70	18.50mL
Total Flavoring	6.50%		

## Age Notes

10 days – Let this steep for a week or more to give the complex balance of flavors time to meld together.

## Flavor Notes

“I used Connecticut Shade as my cigar leaf wrap and the mixture of Red Burley and Oriental Tobacco as my cigar filler. Tastes just like a honey backwoods cigar, and every day it ages, another back note comes out to play. You get a little caramel, butterscotch, honey, and even a little mocha/coffee all while vaping an unmistakable cigar flavor.”



# The Hinterlander

A tobacco to fill the manliest of cravings for a smoke after a hard day's work.



FLV Flavor	%	Grams	Drops
Cured Tobacco	1.75%	1.75	88
Lovage Root	0.25%	0.25	13
Native Tobacco	1.25%	1.25	63
Red Burley	2.75%	2.75	138
Wood Spice	0.50%	0.50	25
VG	70.00%	88.27	70.00mL
PG	23.50%	24.35	23.50mL
<b>Total Flavoring</b>	<b>6.50%</b>		

## Age Notes

5 days

## Flavor Notes

Red Burley sits in front, making the base. At 2.75% there's no mistaking it as the undisputed king of tobaccos. Cured Tobacco is sweeter with hints of pecan and cedar that fill the few gaps of Red Burley, adding nutty and woody tones. Native Tobacco is Kentucky Blend's spicy sweet cousin, with a sharp spice note and a light honeyed finish. Lovage Root adds a sweet moisture, shifting towards a fresher, not-fully-dried pipe tobacco. Wood Spice boosts the woody notes already present.



# The Prayer

Sandalwood tobacco with grapefruit and vanilla.



FLV Flavor	%	Grams	Drops
Cured Tobacco	2.50%	2.50	125
Pink Guava	2.00%	2.00	100
Smooth Vanilla	0.20%	0.20	10
Vanilla Bean	1.00%	1.00	50
Wood Spice	0.15%	0.15	3
VG	50.00%	63.05	50.00mL
PG	44.20%	45.74	44.20mL
<b>Total Flavoring</b>	<b>5.85%</b>		

## Age Notes

2 weeks – Calms a bit on a 2 week steep, essential for a sub-ohm type of application.

## Flavor Notes

A dry, heavily aromatic sandalwood (Wood Spice) tobacco with grapefruit and vanilla accents. Pink Guava was a natural aromatic match, with a sweeter, fruitier body. Vanilla Bean adds dark, robust vanilla notes. Super-concentrated Smooth Vanilla punches it up. Cured acts as a drier base, with light sandalwood notes. Reduce the Wood Spice for sub-ohm if the sandalwood notes are too much, or mix 50/50 in a MTL tank, preferably with nicotine salts. Find your inner peace.



# Tobaccoloupe Cream

A creamy tobacco with fruity accents, tastes far better than it sounds.



FLV Flavor	%	Grams	Drops
Butterscotch	0.75%	0.75	38
Cantaloupe	3.00%	3.00	150
Coconut	0.20%	0.20	10
Cream	1.00%	1.00	50
Cured Tobacco	1.25%	1.25	63
Milk and Honey	0.75%	0.75	38
Peach	0.50%	0.50	25
Red Burley	1.25%	1.3	63
VG	80.00%	100.88	80.00mL
PG	11.30%	11.71	11.30mL
Total Flavoring	8.70%		

## Age Notes

4 days – Try it as it ages, the profile shifts substantially in the first week.

## Flavor Notes

“This stuff is insanely delicious, perfectly balancing fruity sweetness with rich, complex tobacco and a nuanced cream. Coconut and Peach are used to blend the creamy and fruity notes, enriching and broadening the Cantaloupe’s succulent flavor. The Butterscotch supports the creamy fruit flavor, while distinctly but subtly extending Milk and Honey. For a barrel-aged flavor, add 0.50% Oak Barrel and 0.50% Caramel.”



# Tropico

N/A



FLV Flavor	%	Grams	Drops
Cavendish	0.20%	0.20	10
Coconut	0.80%	0.80	40
Connecticut Shade	0.60%	0.60	30
Cured Tobacco	1.40%	1.40	70
Lime Wedge	0.60%	0.60	30
VG	65.00%	81.97	65.00mL
PG	31.40%	32.53	31.40mL
<b>Total Flavoring</b>	<b>3.60%</b>		

## Age Notes

1 day – Vape within a week. If you are gonna let it steep add another 0.20-0.40% and then let it sit for a while. The lime will be overpowering initially.

## Flavor Notes

Cavendish is a slightly spiced pipe tobacco with hints of cherry sweetness. At 0.20%, it gives a nice complexity and helps fill the empty spots of Shade and Cured. Shade provides a cigar wrap tobacco leaf. Cured is the classic cigar filler tobacco base. Lime Wedge adds a natural sour twinge. Coconut adds a lightly sweetened coconut flesh with a toasted note.



# VCTorious

A classic vanilla custard tobacco recipe, heavy on the custard and light on the tobacco.



FLV Flavor	%	Grams	Drops
Vanilla Custard	3.75%	3.75	188
Vanilla Pudding	2.75%	2.75	138
Tatanka Tobacco	2.50%	2.50	125
Red Burley	0.75%	0.75	38
Graham Cracker	1.00%	1.00	50
Marshmallow	0.50%	0.50	25
Smoked Butterscotch	0.50%	0.50	25
VG	80.00%	100.88	80.00mL
PG	8.30%	8.55	8.30mL
Total Flavoring	11.75%		

## Age Notes

5-7 days – This one benefits from a week or so of aging to let the vanilla custard notes bloom throughout the mix.

## Flavor Notes

A rich vanilla custard with accents of tobacco, graham cracker, and toasted almonds. Tatanka provides the perfect base for a dessert tobacco. Red Burley and Oriental add presence and definition to the tobacco, so it isn't lost in the custard-like notes of Vanilla Pudding, Vanilla Bean, and Butterscotch. Biscotti adds a toasted-almond accent and a grainy texture, rounding out the profile.

# Share Your Recipe

You can be featured in the next edition of this recipe book! Sharing your knowledge is a great way to help the vaping community and we are gathering new recipes now. You can download the form and send in your recipe contribution here:

[www.flavorah.com/share-FLV-recipe](http://www.flavorah.com/share-FLV-recipe)

Also, feel free to share your mixing results on social and tag us at #FLV and #Flavorah:



If you need some guidance in mixing your own brilliant vape recipe, feel free to contact us to ask questions. We also created a Recipe Development Work Page for you to print as many times as you need to record your mixing madness! Vape on, friends!

# Recipe Name

Short Flavor Description

FLV Flavor	%	Grams	Drops
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<i>PG</i>			<i>mL</i>
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<i>VG</i>			<i>mL</i>
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Total Flavoring

Print as many copies as you need!

## Age Notes

Shake 'n' Vape –

1 day –

1 week –

1 month –

## Flavor Notes

# Assortment Pack Pairing List

A list of recipes with the necessary assortment packs needed to create that recipe.

## Fruit and Sweet

**Awesome Apple** | Apple Melon

**Berries N Cream** | Berry, Dessert

**Berry Berry Good** | Berry, Fruit

**Big Redd** | Alchemist, Base, Fruit

**Circus Peanuts** | Bakery #1, Base, Cherry Citrus

**Dragon's Peach** | Base, Fruit, Tropical

**Fabulous Fruit** | Apple Melon, Base, Berry, Fruit

**Fiorina Fruit** | Apple Melon, Base, Tropical

**Grape Bubble Gum** | Base, Fruit, Tropical

**Grape Melon** | Apple Melon, Berry, Fruit

**Ghost Berial** | Base, Berry

**Hard Candy** | Base, Berry

**Honey Blue Blue** | Base, Berry, Tropical

**Honeymelon Bubblegum** | Apple Melon, Base, Berry

**Jam or Jelly** | Apple Melon, Base, Cherry Citrus, Fruit

**Lolly Pop** | Base, Berry, Fruit

**Marshmallow Treats** | Alchemist, Base, Dessert

**Melonut** | Apple Melon, Base, Cherry Citrus, Tropical

**Melon Blush** | Apple Melon, Base, Berry

**Nutty Citrus Apple** | Apple Melon, Bakery #1, Cherry Citrus, Fruit

**Peachy Green** | Apple Melon, Fruit, Tropical

**Peach Berry Blast** | Base, Berry, Fruit

**Peach Rings** | Apple Melon, Base, Fruit, Tropical

**Pitaya Club** | Apple Melon, Base, Cherry Citrus, Fruit, Tropical

**Relish The Thought** | Apple Melon, Berry, Fruit, Teas Plus

**Sour Applemelon** | Apple Melon, Base, Cherry Citrus

# Assortment Pack Pairing List Continued...

**Strawberry Kiwi Bubbles** | Berry, Cherry Citrus, Fruit  
**Sunkist Melons** | Apple Melon, Cherry Citrus, Tropical  
**Super Fruity** | Apple Melon, Base, Berry, Cherry Citrus, Fruit, Tropical  
**Sweet Coco Melon Berry** | Apple Melon, Berry, Tropical  
**Tangy Persimmon** | Cherry Citrus, Fruit  
**Tropical Fruit Smoothie** | Berry, Fruit, Tropical  
**Tropical Melon Punch** | Apple Melon, Tropical  
**Watermelody** | Apple Melon, Base, Berry, Dessert, Fruit  
**Watermelon Rush Remix** | Apple Melon, Base, Berry  
**White Chocolate Bar** | Alchemist, Bakery #1, Base, Dessert  
**Wild Exotic** | Apple Melon, Cherry Citrus, Tropical  
**Wild Jack** | Apple Melon, Berry, Fruit, Tropical  
**Zombie Brains** | Alchemist, Bakery #1, Base, Berry, Tropical

## Dessert

**Apple Surprise** | Apple Melon, Base, Berry, Dessert  
**Banana Pudding** | Base, Beverage, Cherry Citrus, Dessert, Fruit  
**Beach Cone** | Apple Melon, Bakery #1, Base, Berry, Cherry Citrus, Fruit  
**Beer Nut Butter** | Alchemist, Bakery #1, Base, Cherry Citrus, Tropical  
**Bloo-gurt** | Cherry Citrus, Bakery #1, Base, Berry, Dessert  
**Blue Moon** | Bakery #1, Bakery #2, Base, Berry, Dessert  
**Bourbon Barrel Vanilla Ice Cream** | Alchemist, Bakery #1, Base, Berry, Beverage, Dessert  
**Brown Cow** | Bakery #1, Base, Beverage, Dessert  
**Caramel Toffee** | Alchemist, Bakery #1, Beverage, Dessert  
**Cherry Berry Kustard** | Apple Melon, Base, Berry, Cherry Citrus, Dessert  
**Chocolates Pudding** | Bakery #1, Bakery #2, Base, Berry

# Assortment Pack Pairing List Continued...

**Creamy Coconut Pudding** | Bakery #1, Base, Berry, Dessert, Tropical

**Deer Lodge** | Apple Melon, Bakery #1, Base, Cherry Citrus, Tropical

**Gumeye Ball** | Base, Cherry Citrus

**Kirk's Custard Sauce** | Base, Berry

**Peaches and Cream** | Base, Beverage, Cherry Citrus, Dessert, Fruit, Teas Plus, Tropical

**Peanut Butter Banana Pudding** | Alchemist, Base, Berry, Fruit

**Pearl Necklace** | Apple Melon, Bakery #1, Base, Tropical

**Simply Vanilla** | Bakery #1, Base, Dessert

**Watergate Salad** | Alchemist, Base, Cherry Citrus, Tropical

**White Banana** | Base, Berry, Dessert, Fruit

**White Banana Nut** | Alchemist, Bakery #1, Cherry Citrus, Dessert, Fruit

## Bakery

**ABC Batter** | Base, Berry, Tropical

**Apple Jax** | Apple Melon, Bakery #1, Bakery #2, Base, Cherry Citrus, Tropical

**Apple Popcorn Balls** | Apple Melon, Bakery #1, Base, Dessert

**Baklava** | Bakery #1, Base, Beverage, Cherry Citrus, Fruit, Tropical

**Banana Bread Pudding** | Alchemist, Bakery #1, Beverage, Fruit, Tropical

**Banana Cream Pie** | Bakery #1, Beverage, Dessert, Fruit, Tropical

**BB Cake?** | Bakery #1, Base, Berry

**Blueberry Cake Bites** | Bakery #1, Base, Berry

**Blueberry Cream Pie** | Bakery #1, Base, Berry, Tropical

**Blueberry Zinger** | Bakery #1, Base, Berry, Dessert, Tropical

**Caramel Apple** | Alchemist, Apple Melon, Bakery #1, Base

**Caramel Bread Pudding** | Bakery #1, Bakery #2, Base, Cherry Citrus, Dessert

## Assortment Pack Pairing List Continued...

**Chocolate Crunch Milk** | Bakery #1, Base, Dessert

**Coco Puffz** | Alchemist, Bakery #1, Bakery #2, Base, Dessert

**DMC Blueberry Muffin Man** | Bakery #1, Base, Berry, Dessert

**Fried Bananas** | Bakery #1, Base, Beverage, Cherry Citrus,  
Fruit, Tobacconist

**Ginger Snaps in Cream** | Apple Melon, Bakery #1, Base

**Gravity** | Apple Melon, Bakery #1, Beverage, Fruit

**Little Fig, Little Fig** | Bakery #1, Base, Fruit

**Milk and Coconut Honey Cookies** | Bakery #1, Base, Berry,  
Dessert, Tropical

**Monkey Shines** | Bakery #1, Base, Beverage, Dessert, Fruit

**Moose Pie** | Bakery #1, Base, Beverage, Dessert, Fruit

**Muffberry** | Bakery #1, Bakery #2, Base, Berry, Dessert

**Oatmeal Cream Cookie** | Bakery #1, Bakery #2, Base, Tropical

**Oatmeal Raisin Cookies** | Bakery #1, Bakery #2, Base, Tropical

**PB Cookie Dough** | Alchemist, Bakery #1, Base, Dessert

**Raspberry Barrett** | Bakery #1, Base, Berry, Dessert

**Samoa Girl** | Bakery #1, Base, Cherry Citrus, Dessert, Tropical

**Silly Wabbit** | Bakery #1, Bakery #2, Berry

**Tropical Donut Batter** | Bakery #1, Bakery #2, Base, Dessert, Tropical

**Twinki Batter** | Bakery #1, Base

**Vanilla Oreo** | Bakery #1, Base, Berry, Dessert, Fruit

**You're Not My Supervisor!** | Alchemist, Bakery #1,  
Base, Dessert, Fruit

# Assortment Pack Pairing List Continued...

## Drink

**After Dinner Drinks** | Alchemist, Base, Beverage, Tropical

**Beirut Biru** | Base, Berry, Beverage, Dessert, Fruit

**Caramel Banana Macchiato** | Bakery #1, Base, Beverage, Fruit

**Chiquita Chunk Smoothie** | Dessert, Fruit, Tropical

**Coconut Lime** | Base, Cherry Citrus, Tropical

**DaMomma's Cool Cream** | Base, Cherry Citrus, Fruit

**Ecto Cooler** | Base, Cherry Citrus, Fruit, Tropical

**Frozen In Paradise** | Base, Cherry Citrus, Dessert, Tropical

**Ginger Beer** | Alchemist, Bakery #1, Beverage,  
Cherry Citrus, Dessert

**Hippy Tea** | Berry, Fruit, Teas Plus, Tropical

**Immortalized** | Apple Melon, Bakery #1, Base, Beverage, Tropical

**Jungle Juice** | Base, Berry, Cherry Citrus, Tropical

**Lick This Mix** | Berry, Cherry Citrus, Fruit, Tropical

**Luxurious Lemonade** | Berry, Cherry Citrus, Tropical

**Morning Coffee** | Alchemist, Bakery #1, Base, Berry, Beverage

**Palm Life Punch** | Berry, Cherry Citrus, Tropical

**Papaya Limeade** | Berry, Cherry Citrus, Tropical

**Pumpkin Horchata Milkshake** | Bakery #1, Base, Beverage,  
Dessert, Tropical

**Punch It Up!** | Fruit, Tropical

**Tropic Twang** | Base, Berry, Dessert, Tropical

**Virgin Bahama Tropix** | Cherry Citrus, Teas Plus, Tropical

# Assortment Pack Pairing List Continued...

## Tobacco

**Acadian Black** | Alchemist, Tobacconist

**Andy's Bac!** | Alchemist, Bakery #1, Tobacconist

**Anti-Gravity** | Apple Melon, Bakery #1, Beverage, Fruit, Tobacconist

**Applebacco Karma** | Apple Melon, Bakery #1, Base, Tobacconist

**Arabian's Night** | Tobacconist

**Armenia Warmth** | Alchemist, Bakery #1, Fruit, Tobacconist

**Buffalo Burlington** | Bakery #1, Dessert, Tobacconist

**ButteRY4** | Bakery #1, Base, Tobacconist

**Creamy Cigarette** | Alchemist, Base, Dessert, Tobacconist

**Dark** | Beverage, Fruit, Tobacconist

**KY's Melon Bourbon Tobacco** | Apple Melon, Beverage, Tobacconist

**Lucky Jbird** | Alchemist, Bakery #1, Dessert, Tobacconist

**Nilla Creme Cigar Supreme** | Bakery #1, Base, Dessert, Tobacconist

**Pacifica** | Alchemist, Dessert, Fruit, Tobacconist

**Prapple Bacco** | Apple Melon, Dessert, Tobacconist

**Saria** | Alchemist, Bakery #1, Tobacconist

**The Back Notes** | Bakery #1, Base, Beverage, Tobacconist

**The Hinterlander** | Alchemist, Tobacconist

**The Prayer** | Alchemist, Dessert, Tobacconist, Tropical

**Tobaccoloupe Cream** | Apple Melon, Base, Fruit,  
Tropical, Tobacconist

**Tropico** | Cherry Citrus, Tobacconist, Tropical

**VCTorious** | Bakery #1, Base, Dessert, Tobacconist

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